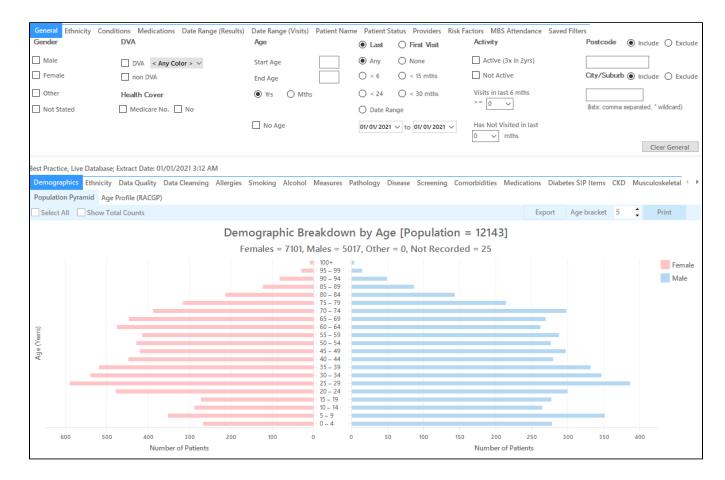
Identify patients with a stroke or TIA not on cholesterol lowering medication



Recip e Name:	Identify patients with a stroke or TIA not on cholesterol lowering medication									
Ratio nale:	Cholesterol lowering therapies (unless contraindicated) are recommended for all ischaemic stroke patients regardless of cholesterol level. Reducing mean LDL cholesterol levels from 133 mg/dl to 73 mg/dl (1.9 mmol/L) among patients receiving atorvastatin (80mg) resulted in absolute risk reduction of 2.2% over five years for fatal or non fatal stroke and 3.5% for major cardiovascular events ¹ .									
Targe t:	Effectively identify all ischaemic stroke / TIA patients not on cholesterol lowering medications (unless contraindicated) that would benefit from therapy with a statin. Refer patients for lifestyle advice.									
CAT Starti ng Point:	 CAT Open Population Extract Loaded and Extract Pane "Hidden" OPTIONAL ONLY(*): Filter Pane Open and, under the General Tab, "Active Patients (3x < 2 years)" selected 									
	*The decision to select either "Active" or "All" patients is left to the practice to make									



In the Filters Pane:

1. In the "Conditions" tab select "Stroke" - Yes

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Saved Filters													
Chronic Mental Health Cancer Other													
Diabetes		Respiratory		Cardiovascular				Musculoskeletal		Renal Impairment			
Yes	☐ No	Yes	□ No	Yes	No			☐ Yes	☐ No	Yes	☐ No		
Type II	☐ No	Asthma	☐ No	Hypertension	No			☐ Inflammatory	☐ No	Chronic Renal	No		
Type I	☐ No	COPD	☐ No	Cardiovascular Disease (CVD):				Musculoskeletal	☐ No	Acute Renal Failure	No		
Undefined	☐ No			☐ Heart Failure	No			■ Bone Disease	☐ No	Dialysis	No		
Type I or II				☐ CHD	No	PAD	No	Osteoporosis	☐ No				
				✓ Stroke	No	Carotid Stenosis	No	Osteoarthritis	☐ No	Kidney Transplant	No		
Gestational	No			☐ MI	☐ No	Renal Artery	□ No				Clear Conditions		

- 2. In the "Medications" tab under "Medications Heart" select
 - 1. Lipid M/fying No



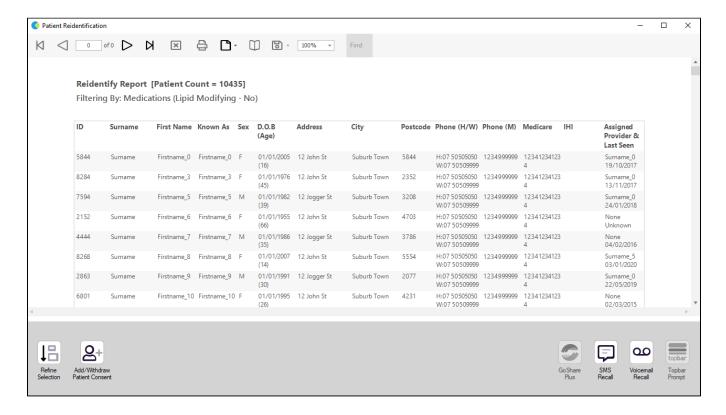
2. Click "Recalculate"



3. Click "View Pop"



This will list all active (if selected on the general filter tab) patients who had a stroke currently not taking lipid modifiying medication and their last visit and assigned provider.



To Export Patient List to Microsoft Excel:



at the top of the Patient Reidentification window.

- 2. Click on "Excel"
- 3. Choose a file name and a location to save to (eg. Create a folder C:/ClinicalAudit/CAT Patient FollowUp)
- 4. Click "Save"

The steps above will produce a list of patients with contact details in MS Excel which can then be used to:

- 1. Go back through the individual patient records in the GP Clinical Desktop System (CDS) and update known records
- 2. Phone patients to update their record
- 3. Produce a mail merge to recall patients for follow up

Create a prompt to display in Topbar



Remember you need to be in the CAT4 Daily View to be able to create prompts. Other pre-requisites are:

- Topbar is installed
- CAT4 is linked to Topbar via Edit/Preferences/Topbar check here for details: Linking CAT to Topbar

To start click on the 'Daily View' icon on the top of your CAT4 screen:











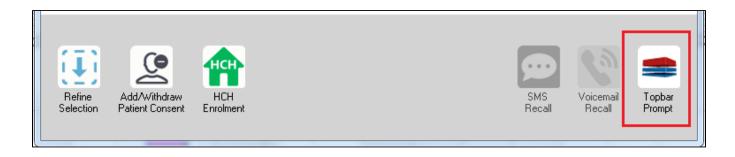




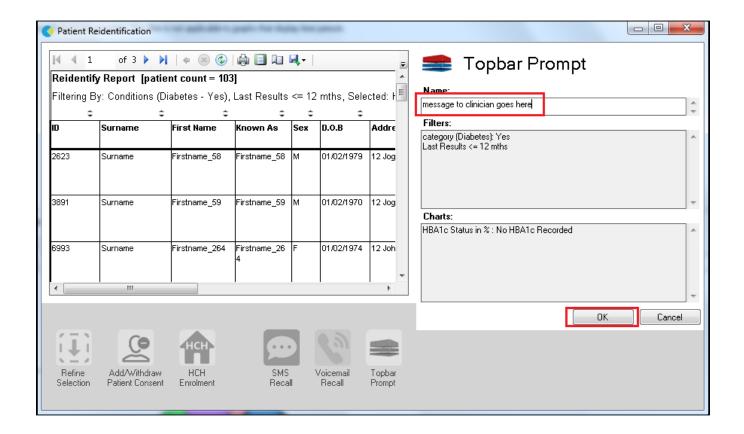


Once you have applied the filter(s) and displayed the patients of interest as described above, you can create a prompt that will be shown to all clinicians using Topbar if a patient meeting the prompt criteria is opened in their clinical system. The full guide is available at CAT PLUS PROMPTS and a short guide on how to create prompts in CAT4 can be found at Creating a Prompt in CAT4

To start you have to use the drop-down menu at the bottom of the patient details report and select "Prompt at Consult - Topbar" then click on "Go" to give the new prompt a name.



The name you enter is the prompt text displayed in Topbar, so choose a simple but clear name that tells the clinician seeing the prompt what should be done.



This CAT Recipe was submitted by



National Stroke Foundation and supports their Clinical Guidelines for Stroke and TIA Management: A guide for general practice, 2008. http://www.strokefoundation.com.au/health-professionals