

# Life! program – Eligibility Risk Criteria a

<b>Recipe Name</b>	Identify patients eligible for the <i>Life!</i> program that meet risk criteria a
<b>Rationale</b>	<p>The following inclusion criteria will determine eligibility for the the <i>Life!</i> program:</p> <ul style="list-style-type: none"> <li>• Age 18 years and above</li> <li>• BMI 25 kg/m2 or above (if patient is of Asian background a BMI 23 kg/m2 or above)</li> <li>• AUSDRISK Score 12 or above</li> </ul> <p>The exclusion criteria include patients with:</p> <ul style="list-style-type: none"> <li>• Diabetes</li> <li>• Active Cancer</li> <li>• Cardiovascular Disease (CVD) diagnosis in the last 3 months</li> </ul>
<b>Target Population</b>	Patients at high risk who can be recommended for/are eligible for the <i>Life!</i> program
<b>CAT Starting Point</b>	<ol style="list-style-type: none"> <li>1. CAT Open – CAT4 view (all reports) loaded.</li> <li>2. Population extract loaded and extract pane "hidden".</li> <li>3. Optional Only: Filter Pane Open and under the 'General' tab, "Active Patients (3x &lt; 2 years)" selected.</li> </ol>

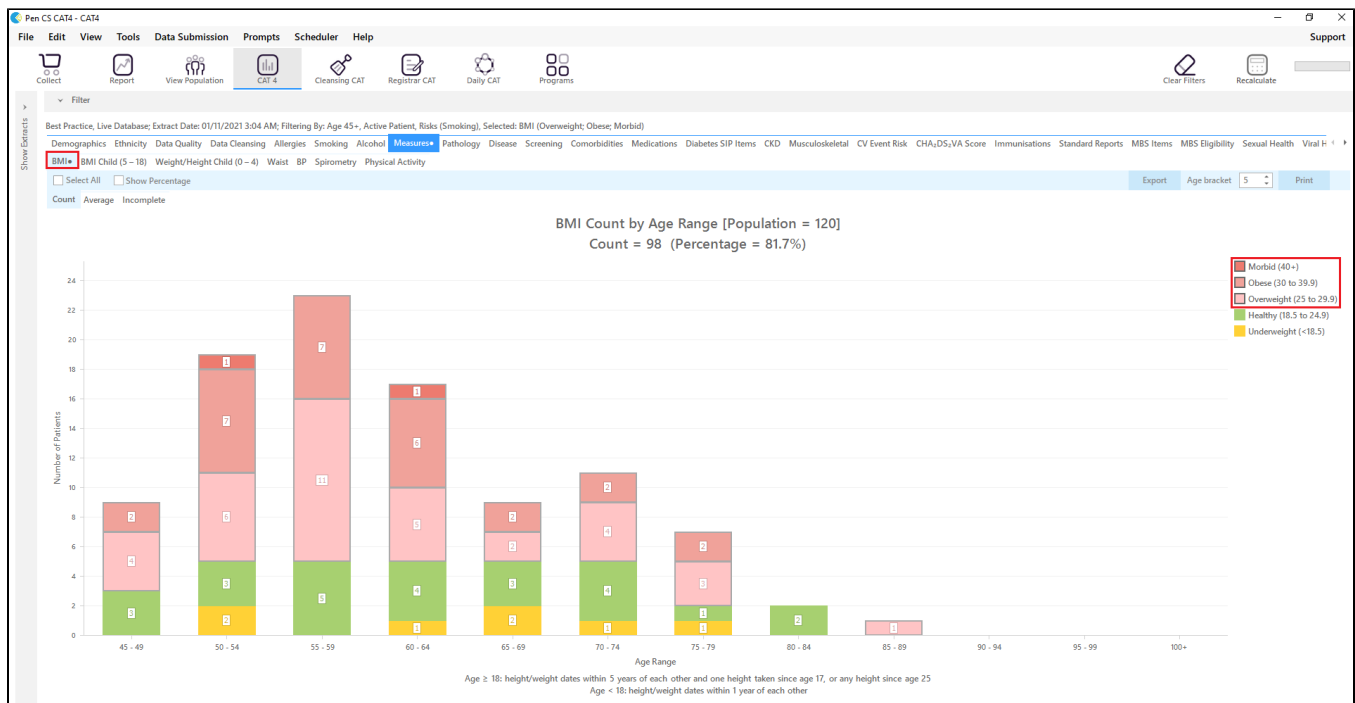
1. In the Filters Pane, under '**General**' tab, enter age '**18**' in the **Start Age** box under '**Age**'.

^ Filter

General	Ethnicity	Conditions	Medications	Date Range (Results)	Date Range (Visits)	Patient Name	Patient Status	Providers	Risk Factors	MBS Attendance	Custom Filters	Saved Filters
<b>Gender</b> <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other <input type="checkbox"/> Not Stated  <b>Risk Stratification Score(%)</b> From: <input type="text" value="0.00"/> % To: <input type="text" value="0.00"/> %			<b>DVA</b> <input type="checkbox"/> DVA <input type="text" value="Any Color"/> <input type="checkbox"/> non DVA  <b>Health Cover</b> <input type="checkbox"/> Medicare No. <input type="checkbox"/> No		<b>Age</b> <div>Start Age <input type="text" value="18"/></div> <div>End Age <input type="text"/></div> <input checked="" type="radio"/> Yrs <input type="radio"/> Mths <input type="checkbox"/> No Age		<input type="radio"/> Last <input type="radio"/> First <input checked="" type="radio"/> Any <input type="radio"/> Non <input type="radio"/> < 6 <input type="radio"/> < 15 <input type="radio"/> < 24 <input type="radio"/> < 30 <input type="radio"/> Date Range <input type="text" value="01/ 11/ 2021"/> to <input type="text" value="01/ 11/ 2021"/>		<b>Activity</b> <input type="radio"/> Any <input checked="" type="radio"/> Active (3x in 2 yrs) <input type="radio"/> Not Active  Visits in last 6 mths <input type="text" value="0"/> mths Has Not Visited in last <input type="text" value="0"/> mths			

Best Practice, Live Database; Extract Date: 01/11/2021 3:04 AM; Filtering By: Age 18+, Active Patient

2. In the Reports Pane, under '**Measures**' Report, select '**BMI**' tab and select '**Overweight**', '**Obese**' and '**Morbid**'.



AUSDRISK Score can not be calculated through CAT at this stage but [Life! program – Eligibility A](#) recipe can be followed to narrow down patients.

For exclusion Criteria:

3. Select '**Conditions**' tab then click '**Chronic tab**'. Check the box beside the '**No**' under **Diabetes**. This will exclude patients with an existing diagnosis of diabetes.

Filter

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Custom Filters Saved Filters Custom Filters

Chronic Mental Health Cancer Other

Diabetes

☒ Yes ☒ No

Respiratory

☐ Yes ☐ No

☐ Asthma ☐ No

☐ COPD ☐ No

Cardiovascular

☐ Yes ☐ No

☐ Hypertension ☐ No

☐ Cardiovascular Disease (CVD):

☐ Heart Failure ☐ No

☐ CHD ☐ No

☐ Stroke ☐ No

☐ MI ☐ No

Musculoskeletal

☐ Yes ☐ No

☐ Inflammatory Arthritis ☐ No

☐ Musculoskeletal Other ☐ No

☐ Bone Disease ☐ No

☐ Osteoporosis ☐ No

☐ Osteoarthritis ☐ No

Kidney Disease

☐ Yes ☐ No

☐ Kidney Failure ☐ No

☐ Acute Kidney Injury ☐ No

☐ Dialysis ☐ No

☐ Kidney Transplant ☐ No

☐ Gestational ☐ No

☐ PAD ☐ No

☐ Carotid Stenosis ☐ No

☐ Renal Artery Stenosis ☐ No

4. Click '**Cancer**' tab. Check all the '**No**' boxes. This will exclude patients with an existing diagnosis of cancer.

Filter

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Custom Filters Saved Filters Custom Filters

Chronic Mental Health Cancer Other

Blood and Immune System

☐ Yes ☒ No

Breast

☒ No

Digestive

☐ Yes ☒ No

Genitourinary and Gynecologic

☒ No ☐ Yes

Skin

☒ No ☐ Yes

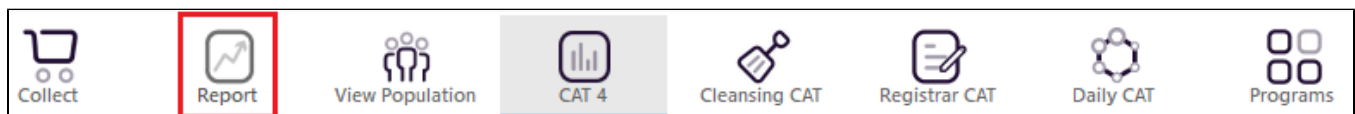
Melanoma

☒ No ☐ Lung

Thoracic and Respiratory

☒ No ☐ Yes

5. Click '**Report**' button to view list of patients meeting these criteria.



6. List can be saved/printed or be sent a SMS/Voicemail Recall via the '**Patient Reidentification**' window.

**Patient Reidentification**

1 of 100 100% Find

**Reidentify Report [Patient Count = 1590]**

Filtering By: Age 18+, Active Patient, Conditions (Diabetes - No, Cancer Blood and Immune System - No, Breast - No, Cancer Digestive - No, Cancer Genitourinary and Gynecologic - No, Melanoma - No, Lung - No), Selected: BMI (Overweight; Obese; Morbid)

ID	Surname	First Name	Known As	Sex	D.O.B (Age)	Address	City	Postcode	Phone (H/W)	Phone (M)	Medicare	BMI	BMI Date
4400	Surname	Firstname_2	Firstname_2	M	01/11/1941 (80)	12 Jogger St	Suburb Town	3826	H:07 50505050 W:07 50509999	1234999999	1234123412 34	29.0	26/02/2015
5674	Surname	Firstname_12	Firstname_12	M	01/11/1976 (45)	12 Jogger St	Suburb Town	4288	H:07 50505050 W:07 50509999	1234999999	1234123412 34	25.7	11/12/2020
9947	Surname	Firstname_26	Firstname_26	F	01/11/1950 (71)	12 John St	Suburb Town	3542	H:07 50505050 W:07 50509999	1234999999	1234123412 34	28.2	25/02/2019
3064	Surname	Firstname_27	Firstname_27	F	01/11/1999 (22)	12 John St	Suburb Town	5008	H:07 50505050 W:07 50509999	1234999999	1234123412 34	29.9	22/10/2021
4358	Surname	Firstname_55	Firstname_55	F	01/11/1947 (74)	12 John St	Suburb Town	4044	H:07 50505050 W:07 50509999	1234999999	1234123412 34	36.9	23/02/2021
6964	Surname	Firstname_85	Firstname_85	M	01/11/1942	12 Jogger St	Suburb Town	2113	H:07 50505050	1234999999	1234123412	28.3	15/12/2016

Refine Selection Add/Withdraw Patient Consent GoShare Plus SMS Recall Voicemail Recall Topbar Prompt

### Create a prompt to display in Topbar

Remember you need to be in the CAT4 Daily View to be able to create prompts. Other pre-requisites are:

- Topbar is installed
- CAT is linked to Topbar via Edit/Preferences/Topbar - check here for details: [Linking CAT to Topbar](#)

To start click on the 'Daily View' icon on the top of your CAT screen:



Once you have applied the filter(s) and displayed the patients of interest as described above, you can create a prompt that will be shown to all clinicians using Topbar if a patient meeting the prompt criteria is opened in their clinical system.

Filtering By: Age 45+, Active Patient, Risks (Smoking), Selected: BMI (Overweight; Obese; Morbid), BP (> 140/90)

