# Life! program – Risk Criteria b

Recipe Name	Identify eligible patients for the Life! program that meeting the risk criteria b
Rationale	The following inclusion criteria present in a patient will determine eligibility for the Life! program:
	<ul> <li>Age 30 years or above for Aboriginal and Torres Strait Islander or Age 45 years or above for general population</li> <li>Cardiovascular Disease Absolute Risk Score 10% or above</li> </ul>
	<ul> <li>The exclusion criteria include patients with:</li> <li>Diabetes</li> <li>Active Cancer</li> <li>Cardiovascular Disease (CVD) diagnosis in the last 3 months</li> </ul>
Target Population	Patients at high risk who can be recommended for/are eligible for the Life! program
CAT Starting Point	<ol> <li>CAT Open – CAT4 view (all reports) loaded.</li> <li>Population extract loaded and extract pane "hidden".</li> <li>Optional Only: Filter Pane Open and under the 'General' tab, "Active Patients (3x &lt; 2 years)" selected.</li> </ol>

### 1(a). Enter '45' in the Start Age box under 'Age' for general population.



1(b). For Aboriginal and Torres Strait Islander enter '30' in the Start Age box and in 'Ethnicity' tab select 'Indigenous'

∧ Filter							
General Ethnicity Ethnicity	Conditions	Medications	Date Rang	ge (Results)	Date Range (Visits)	Patient Name	Patient Status
Indigenous Status	1	Non-Ir	ndigenous	Not Re	corded/Stated	Other Ethnicit	ies
	1			Nothing	g Recorded ted	Afrikaner Albanian Algerian American Anglo-Indian Argentinian	n 🗸
Best Practice, Live Da	tabase; Extrac	:t Date: 01/11/2	021 3:04 A	M; Filtering	By: Age 30+, Active I	Patient, Indigend	ous

## 2. In Reports pane, select 'CV Event Risk' report, 'CAT calculated' and then select 'Medium Risk' and 'High Risk'.



For exclusion Criteria:

3. Select **Conditions** tab then click **Chronic** tab. Check the box beside the '**No'** under Diabetes. This will exclude patients with an existing diagnosis of diabetes.

∧ Filter											
General Ethnicity Condition	Medications Date R	lange (Results) Date Range (Visi	ts) Patient Name Pati	ient Status Providers Risk Facts	ors MBS Attendance	Custom Filters Saved Filters Cu	storn Filters				
Chronic Mental Health Car	cer Other										
Diabetes		Respiratory		Cardiovascular				Musculoskeletal		Kidney Disease	
Ves Ves	R No	Tes 1	No No	Ves	No No			I Yes	No No	Ves Ves	No No
		Astima	No No	Hypertension	No No			Inflammatory Arthritis	No	Kidney Failure	No No
		COPD	No No	Cardiovascular Disease (CVD	月:			Musculoskeletal Other	No No	Acute Kidney Injury	No No
				Heart Failure	No No			Bone Disease	No No	Dialysis	No No
				CHD	No No	PAD	No No	Coteoporasis	No No		
				Stroke	No No	Carotid Stenosis	No No	Osteoarthritis	No No	Kidney Transplant	No No
Gestational	No No			I MI	No No	Renal Artery Stenosis	No No				

#### 4. Click 'Cancer' tab. Check all the 'No' boxes. This will exclude patients with an existing diagnosis of cancer.

^ Filter				
General Ethnicity Conditions Medications Date Range (Results) D	ate Range (Visits) Patient Name Patient Status Providers Risk Factor	s MBS Attendance Custom Filters Saved Filters Custom Filters		
Chronic Mental Health Cancer Other				
Blood and Immune System Breast	Digestive	Genitourinary and Gynecologic	Skin	Thoracic and Respiratory
Tes No	U Yes	No Tes	0	
🗋 Øreast	No No		Melanoma No	🗆 Lung 🗹 No

#### 5. Click 'Report' button to view list of patients meeting these criteria.



#### 6. List can be saved/printed or be sent a SMS/Voicemail Recall via the 'Patient Reidentification' window.

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Cross					<b>0</b> - 100	% • Find							
Cross													
	Tabulation F	Reidentify R	eport [Patient	Count = 2	95]								
Filteri	ng By: Age 45	5+, Active Pa	atient, Conditio	ns (Diabete	es - No, Cance	er Blood and Ir	nmune Sy	stem - No, B	reast - No,	Cancer Di	gestive -	No, C	ance
Genito	ourinary and	Gynecologic	: - No, Melanon	na - No, Lur	ng - No), Sele	cted: CAT Calc	ulated (Ri	sk 10-100%)					
ID	Surname	First Name	Known As Sex	D.O.B (Age)	Address	City	Postcode	Phone (H/W)	Phone (M)	Medicare	IHI	CV Yea	Event r Risk
3092	Surname	Firstname_20	Firstname_20 M	01/11/1961 (60)	12 Jogger St	Suburb Town	5917	H:07 50505050 W:07 50509999	1234999999	1234123412 34		109	6
4632	Surname	Firstname_27 0	Firstname_27 F 0	01/11/1942 (79)	12 John St	Suburb Town	2334	H:07 50505050 W:07 50509999	1234999999	1234123412 34		159	6
7464	Surname	Firstname_28 0	Firstname_28 F 0	01/11/1948 (73)	12 John St	Suburb Town	5717	H:07 50505050 W:07 50509999	1234999999	1234123412 34		109	6
11355	Sumame	Firstname_31 3	Firstname_31 M 3	01/11/1942 (79)	12 Jogger St	Suburb Town	4408	H:07 50505050 W:07 50509999	1234999999	1234123412 34		139	6
9099	Surname	Firstname_42 8	Firstname_42 M 8	01/11/1956 (65)	12 Jogger St	Suburb Town	4618	H:07 50505050 W:07 50509999	1234999999	1234123412 34		109	6
8620	Surname	Firstname_50	Firstname_50 M	01/11/1946	12 Jogger St	Suburb Town	3254	H:07 50505050	1234999999	1234123412		229	6

#### Create a prompt to display in Topbar

Remember you need to be in the CAT4 Daily View to be able to create prompts. Other pre-requisites are:

- Topbar is installed
- CAT is linked to Topbar via Edit/Preferences/Topbar check here for details: Linking CAT to Topbar
- To start click on the 'Daily View' icon on the top of your CAT screen:



Once you have applied the filter(s) and displayed the patients of interest as described above, you can create a prompt that will be shown to all clinicians using Topbar if a patient meeting the prompt criteria is opened in their clinical system.

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<b>Cross</b> Filterin	<b>Tabulation F</b> ng By: Age 45	<b>Reidentify R</b> 5+, Active Pa	eport [Pa atient, Risl	<b>atient</b> ks (Sm	<b>Count = 1</b> 4 oking), Sel	<b>4]</b> ected: BMI ((	Overweight; O	bese; Mor	bid), BP (> 1	40/90)				
ID	Surname	First Name	Known As	Sex	D.O.B (Age)	Address	City	Postcode	Phone (H/W)	Phone (M)	Medicare	BMI	В	Р
10326	Surname	Firstname_32 2	Firstname_3 2	82 F	01/11/1965 (56)	12 John St	Suburb Town	4834	H:07 50505050 W:07 50509999	1234999999	1234123412 34	31.2	14	12/96
5816	Surname	Firstname_41 5	Firstname_4 5	11 F	01/11/1971 (50)	12 John St	Suburb Town	4661	H:07 50505050 W:07 50509999	1234999999	1234123412 34	27.5	14	9/107
5957	Surname	Firstname_16 90	Firstname_1 90	16 F	01/11/1936 (85)	12 John St	Suburb Town	3938	H:07 50505050 W:07 50509999	1234999999	1234123412 34	26.8	15	5 / 74
10003	Surname	Firstname_24 14	Firstname_2 14	24 M	01/11/1957 (64)	12 Jogger St	Suburb Town	3279	H:07 50505050 W:07 50509999	1234999999	1234123412 34	26.2	16	50/85
7829	Surname	Firstname_27 79	Firstname_2 79	27 M	01/11/1965 (56)	12 Jogger St	Suburb Town	2913	H:07 50505050 W:07 50509999	1234999999	1234123412 34	25.9	12	27/93
6547	Surname	Firstname_39 14	Firstname_3 14	89 M	01/11/1961 (60)	12 Jogger St	Suburb Town	2526	H:07 50505050 W:07 50509999	1234999999	1234123412 34	31.5	15	5 / 87
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fine	Add/W Patient	/ithdraw Consent								GoS	hare SMS us Reca	Ve	oicemail Recall	Topba Promp