Identify patients eligible for the Heart Health Check who are low, moderate, and high risk of CVD

R ec e N a m e:	Identify patients eligible for the Heart Health Check who are low, moderate, and high risk of CVD and have all data recorded for an absolute CVD risk assessment
R ati on al e:	CVD is largely preventable if risk factors are detected and managed early, hence it is important for eligible patients, regardless of their risk level, to have an absolute CVD risk assessment (Heart Health Check) as early as possible. Assessment of absolute CVD risk based on multiple risk factors is more accurate than that based on individual risk factors due to the cumulative nature of risk effects. Basing patient management decisions on this approach should improve CVD outcomes. This recipe provides a quick and easy way to find eligible patients with different levels of CVD risk based on the Framingham Risk Equation.
Ta rg et:	Patients aged 30 and over with no diagnosis of CVD, no Heart Health Check or other health assessment item claimed in the past 12 months, all necessary data recorded for an absolute CVD risk assessment, and at low, moderate or high risk of CVD.
C A T St art in g P oi nt:	 CAT Open - CAT4 view (all reports) loaded Population Extract Loaded and Extract Pane "Hidden" Filter Pane open and under the 'General' tab 'Active Patients' (3x <2 years) selected (this step can be omitted if you want to search for all patients).

CAT4 Starting Point



Filter Steps

On the General tab enter age criteria (start age 30) and active status:

Male DVA < Any Color > Start Age 30 Any Any	General Ethnicity Condition	ns Medications Date Range (Results) DVA	Date Range (Visits) Patient Name Age	Patient Status Providers Risk Factors O Last Visit O First Visit	MBS Attendance Saved Filters Activity	Postcode Include Exclude
No Age 27/04/2022 √ to 27/04/2022 √	Female	non DVA	End Age	\bigcirc < 6 mths \bigcirc < 15 mths	Active (3x in 2 yrs)	City/Suburb Include Exclude
	Not Stated	🗌 Medicare No. 🗌 No	🗌 No Age			

On the Conditions tab select the 'No' for existing CVD:

Diabetes		Respiratory		Cardiovascular	Cardiovascular					Renal Impairment		
Yes	No No	Yes	No	Yes	No			Yes	No	Yes	No	
Type II	No	Asthma	No	Hypertension	No No			Inflammatory Arthritis	No No	Chronic Renal Failure	No No	
Type I	No No	COPD	No	Cardiovascular Dis	ease (CVD):			Musculoskeletal Other	No No	Acute Renal Failure	No	
Undefined Diabetic	No No			Heart Failure	No No			Bone Disease	No No	Dialysis	No No	
Type I or II				СНD	✓ No	PAD	No No	Osteoporosis	No No			
				Stroke	No No	Carotid Stenosis	No No	Osteoarthritis	No	Kidney Transplant	No No	
Gestational	No			_ мі	⊠ No	Renal Artery Stenosis	No No				Clear Condition	

On the MBS Attendance tab, exclude all patients with health assessments or heart health checks claimed in the past 12 months. You will only see items that have been claimed in your practice, so if you don't see the item 177 it might be because it has never been claimed at your practice.

	onditions Medications Date R MBS Item(s) in Date Range	ange (Results) Date Range (Vis MBS Item Categories	its) Patient Name Pa	atient Status Providers Risk Facto MBS Item Number	
Any	O None			O All of selected	Any of selected
Claim Date Range		RACF	No	177	No ^
	O ≤ 6 Months	Health Assessm	No	2100	No
0	0	GP MH Care Plan	No	224	No
		Diabetes SIP	No	228	No
O ≤ 12 Months	O ≤ 24 Months	Asthma COC	No	23	No
		Telehealth	No	245	No
				2517	No
O ≤ 36 Months	O ≤ 48 Months			2546	No
				2664	No
O Data Range (from - t				2700	No
O Data Kalige (Irolli - t	.0)			2712	No
				272	No
27/01/2022 🗸	27/01/2022 🗸			36	No
				699	No V

Now all filter criteria have been set, please click on 'Recalculate' to apply the filter:

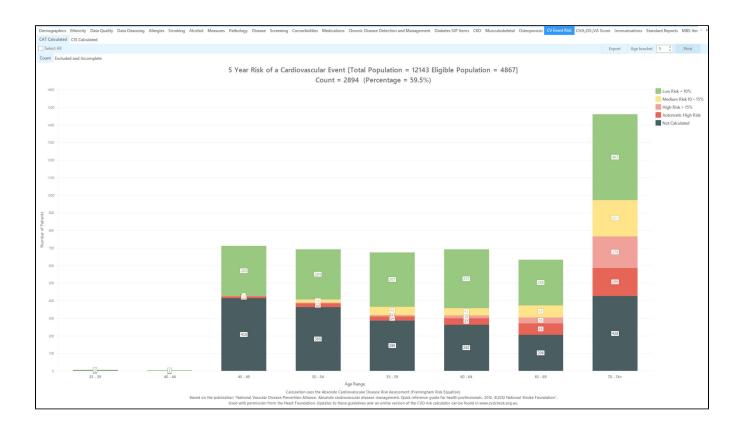


Report Steps

Now that we have applied the above filter, we need to find those patients with all measurements in place for a CVD risk assessment and create a report showing their risk levels. The CV Event Risk report in CAT4 will provide this information.

	^	Filter	
To see the full report, first minimise the filter panel by clicking on the			in the top left corner.

Click on the CV Event Risk tab, then select the CAT Calculated tab:



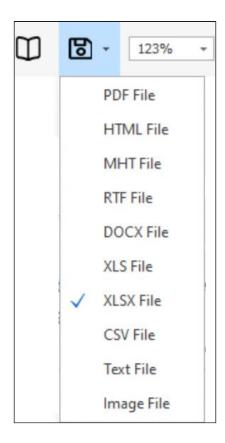
Select the low, medium, high and automatic high risk categories by clicking on the respective coloured square in the legend.



To see all patients click on the 'Select All' in the top left of the report, and then on 'Export' on the right. This will produce a list of patients with their contact details and their CV event risk. You can sort this report by clicking on the column headers to see those at highest risk first.

Pa	atient Reident	ification												- 0	×
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1	ID	Surname	First Name	Known As	Sex	D.O.B (Age)	Address	City	Postcode	Phone (H/W)	Phone (M)	Medicare	IHI	CV Event 5 Year Risk	
e	6276	Surname	Firstname_ 488	Firstname_ 488	Μ	01/06/193 5(85)	12 Jogger St	Suburb Town	4859	H:07 50505050 W:07 50509999	12349999 99	12341234 1234		9%	
9	9788	Surname	Firstname_ 671	Firstname_ 671		01/06/196 7(53)	i 12 John St	Suburb Town	4950	H:07 50505050 W:07 50509999	12349999 99	12341234 1234		9%	
	3810	Surname	Firstname_ 1130	Firstname_ 1130	F	01/06/194 9(71)	12 John St	Suburb Town	2535	H:07 50505050 W:07 50509999	12349999 99	12341234 1234		9%	
1	10164	Surname	Firstname_ 1230	Firstname_ 1230	Μ	01/06/196 4(56)	12 Jogger St	Suburb Town	2401	H:07 50505050 W:07 50509999	12349999 99	12341234 1234		9%	
	3665	Surname	Firstname_ 1352	Firstname_ 1352	F	01/06/196 2(58)	i 12 John St	Suburb Town	3742	H:07 50505050	12349999 99	12341234 1234		9%	Þ
1		0.												00	
Re	efine Add	A/Withdraw ent Consent										Go Share Plus	SMS Recall	Voicemail T	copbar Fopbar Prompt

From this report you can export the patient list to Excel or send voice or text messages directly from CAT4. To export a list, click on the disk icon and choose your preferred file format:



To create SMS or Voice messages, please see here for more information: Recall CAT - Using SMS and Voicemessages in CAT4