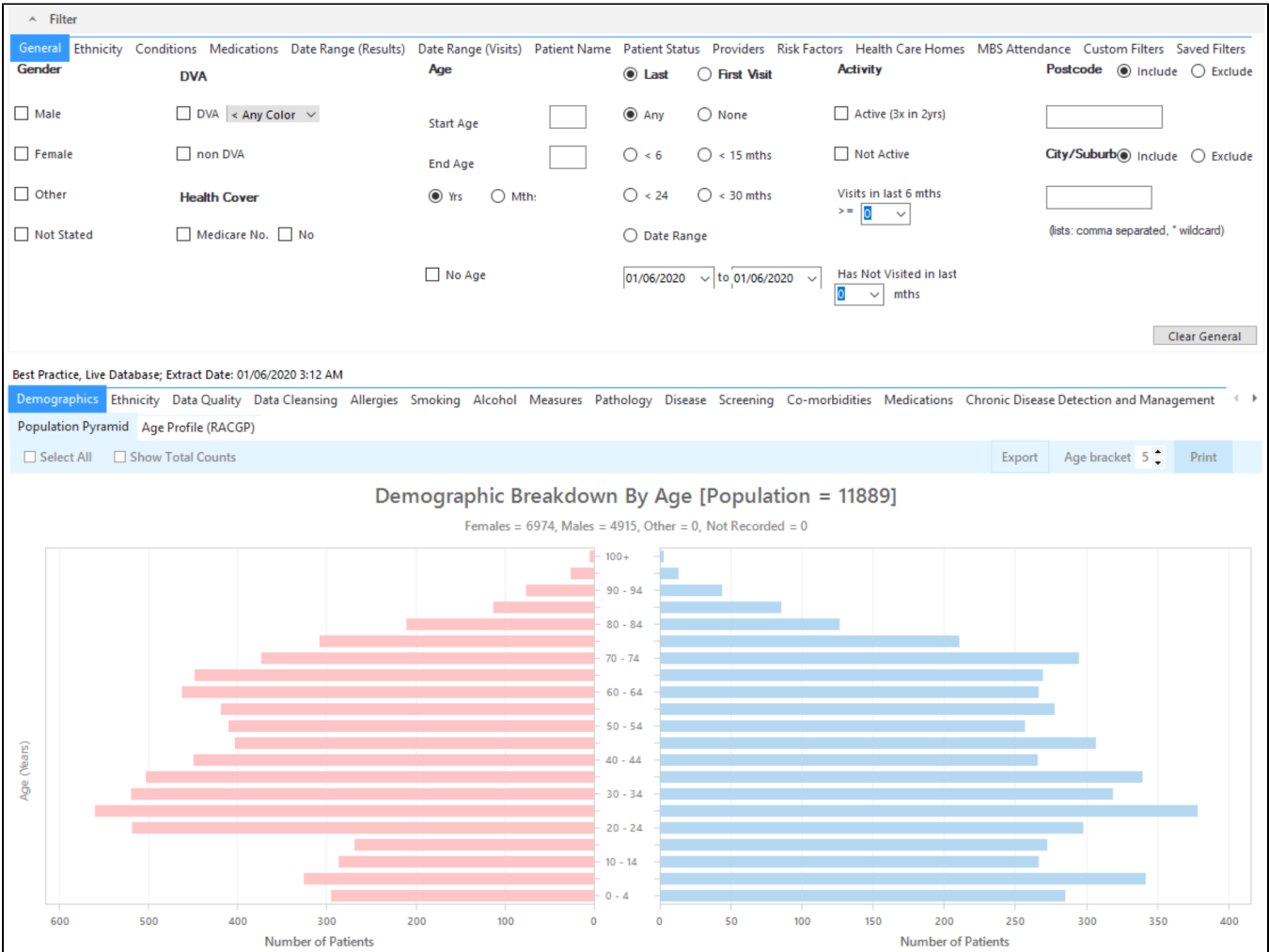


# Identify high risk patients eligible for the Heart Health Check due to hypertension or hyperlipidaemia

Recipe Name:	Identify patients eligible for the Heart Health Check who are at high risk of CVD due to hypertension or hyperlipidaemia
Rationale:	<p>High blood pressure and cholesterol levels is related to increased risk of CVD<sup>1</sup>. It is therefore important for patients with hypertension or hyperlipidaemia to have an absolute CVD risk assessment (Heart Health Check) and to be provided with advice on how to manage these conditions.</p> <p>1. National Vascular Disease Prevention Alliance. Guidelines for the management of absolute cardiovascular disease risk. 2012.</p>
Target:	Active patients aged 30 and over, with no diagnosis of CVD, no Heart Health Check or other health assessment item claimed in the past 12 months, and a diagnosis of hypertension or hyperlipidaemia.
CAT Starting Point:	<p>1. CAT Open - CAT4 view (all reports) loaded</p> <p>2. Population Extract Loaded and Extract Pane "Hidden"</p> <p>a. Filter Pane open and under the 'General' tab 'Active Patients' (3x &lt;2 years) selected (this step can be omitted if you want to search for all patients).</p>

## CAT4 Starting Point



## Filter Steps

On the General tab enter age criteria (start age 30) and active status:

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Saved Filters

Gender: ☐ Male ☐ Female ☐ Other ☐ Not Stated

DVA: ☐ DVA ☐ non DVA ☐ Health Cover ☐ Medicare No. ☐ No

Age: Start Age  End Age  ☒ Yrs ☐ Mths ☐ No Age

Patient Status: ☐ Last Visit ☒ Any ☐ First Visit ☐ None ☐ < 6 mths ☐ < 15 mths ☐ < 24 mths ☐ < 30 mths ☐ Date Range: 27/04/2022 to 27/04/2022

Risk Factors: ☐ Any ☒ Active (3x in 2 yrs) ☐ Not Active

MBS Attendance: Visits in last 6 mths  Has Not Visited in last  mths

Postcode:  City/Suburb:  (lists: comma separated, \* wildcard)

☐ Include ☐ Exclude ☐ Include ☐ Exclude

Clear General

On the Conditions tab select the 'No' for existing CVD:

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors Health Care Homes MBS Attendance Custom Filters Saved Filters

Chronic: Mental Health Cancer Other

Diabetes: ☐ Yes ☐ No ☐ Type II ☐ No ☐ Type I ☐ No ☐ Undefined Diabetic ☐ No ☐ Type I or II ☐ Gestational ☐ No

Respiratory: ☐ Yes ☐ No ☐ Asthma ☐ No ☐ COPD ☐ No

Cardiovascular: ☐ Yes ☐ No ☐ Hypertension ☐ No ☐ Cardiovascular Disease (CVD) ☒ No ☐ Heart Failure ☒ No ☐ CHD ☒ No ☐ Stroke ☒ No ☐ MI ☐ PAD ☒ No ☐ Carotid Stenosis ☒ No ☐ Renal Artery Stenosis ☒ No

Musculoskeletal: ☐ Yes ☐ No ☐ Inflammatory Arthritis ☐ No ☐ Musculoskeletal Other ☐ No ☐ Bone Disease ☐ No ☐ Osteoporosis ☐ No ☐ Osteoarthritis ☐ No

Renal Impairment: ☐ Yes ☐ No ☐ Chronic Renal Failure ☐ No ☐ Acute Renal Failure ☐ No ☐ Dialysis ☐ No ☐ Kidney Transplant ☐ No

Clear Conditions

On the MBS Attendance tab, exclude all patients with health assessments or heart health checks claimed in the past 12 months. You will only see items that have been claimed in your practice, so if you don't see the item 177 it might be because it has never been claimed at your practice.

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Saved Filters

Patient with selected MBS Item(s) in Date Range MBS Item Categories MBS Item Numbers

☒ Any ☐ None ☐ All of selected ☒ Any of selected

Claim Date Range: ☒ All ☐ ≤ 6 Months ☐ ≤ 12 Months ☐ ≤ 24 Months ☐ ≤ 36 Months ☐ ≤ 48 Months ☐ Data Range (from - to): 27/01/2022 to 27/01/2022

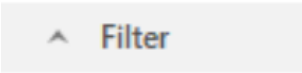
MBS Item Categories: ☐ RACF ☐ No ☐ Health Assessm... ☐ No ☐ GP MH Care Plan ☐ No ☐ Diabetes SIP ☐ No ☐ Asthma COC ☐ No ☐ Telehealth ☐ No

MBS Item Numbers: ☐ 177 ☒ No ☐ 2100 ☐ No ☐ 224 ☐ No ☐ 228 ☐ No ☐ 23 ☐ No ☐ 245 ☐ No ☐ 2517 ☐ No ☐ 2546 ☐ No ☐ 2664 ☐ No ☐ 2700 ☐ No ☐ 2712 ☐ No ☐ 272 ☐ No ☐ 36 ☐ No ☐ 699 ☒ No

Now all filter criteria have been set, please click on 'Recalculate' to apply the filter:

Collect Report View Population CAT 4 Cleansing CAT Registrar CAT Programs CAT Wizard Clear Filters Recalculate

Report Steps



To see the full report, first minimise the filter panel by clicking on the in the top left corner.

Now that we have applied the above filter, we need to find those patients with hypertension or hyperlipidaemia. To find those patients use the Disease report and click on the hypertension and hyperlipidaemia bars to select both.



To see the patients click on 'Export' on the right. This will produce a list of patients with their contact details and with either hypertension, hyperlipidaemia or both. All of them will be eligible for the Heart Health Check and all are at higher risk due to their existing conditions

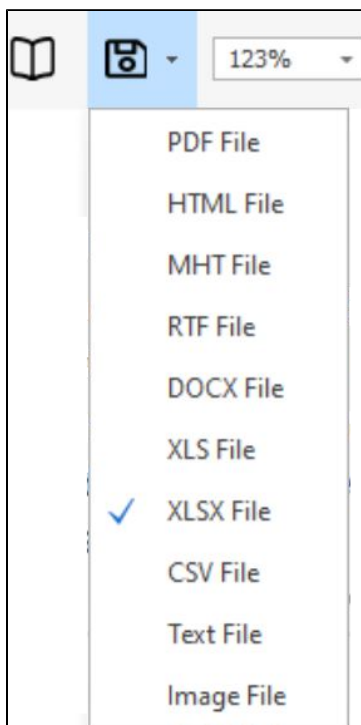
**Patient Reidentification**

Filtering By: MBS claim(s) (Health Assessment - No, 177 - No, 699 - No), Age 45+, Active Patient, Conditions (CVD - Stroke, CVD - MI, CVD - CHD, CVD - Renal Artery Stenosis, CVD - Carotid Stenosis, CVD - PAD, CVD - Heart Failure), Selected: Disease (Hypertension, Hyperlipidaemia)

ID	Surname	First Name	Known As	Sex	D.O.B (Age)	Address	City	Postcode	Phone (H/W)	Phone (M)	Medicare	IHI	Disease Count
11889	Surname	Firstname_	Firstname_F		01/06/1966(54)	12 John St	Suburb Town	4394	H:07 50505050 W:07 50509999	12349999 99	12341234 1234		Hyperlipidaemia
11880	Surname	Firstname_	Firstname_F		01/06/1940(80)	12 John St	Suburb Town	2032	H:07 50505050 W:07 50509999	12349999 99	12341234 1234		Hypertension, Hyperlipidaemia
11875	Surname	Firstname_	Firstname_M		01/06/1966(54)	12 Jogger	Suburb	5462	H:07 50505050 W:07 50509999	12349999 99	12341234 1234		Hyperlipidaemia

Refine Selection
 Add/Withdraw Patient Consent
 GoShare Plus
 SMS Recall
 Voicemail Recall
 Topbar Prompt

From this report you can export the patient list to Excel or send voice or text messages directly from CAT4. To export a list, click on the disk icon and choose your preferred file format:

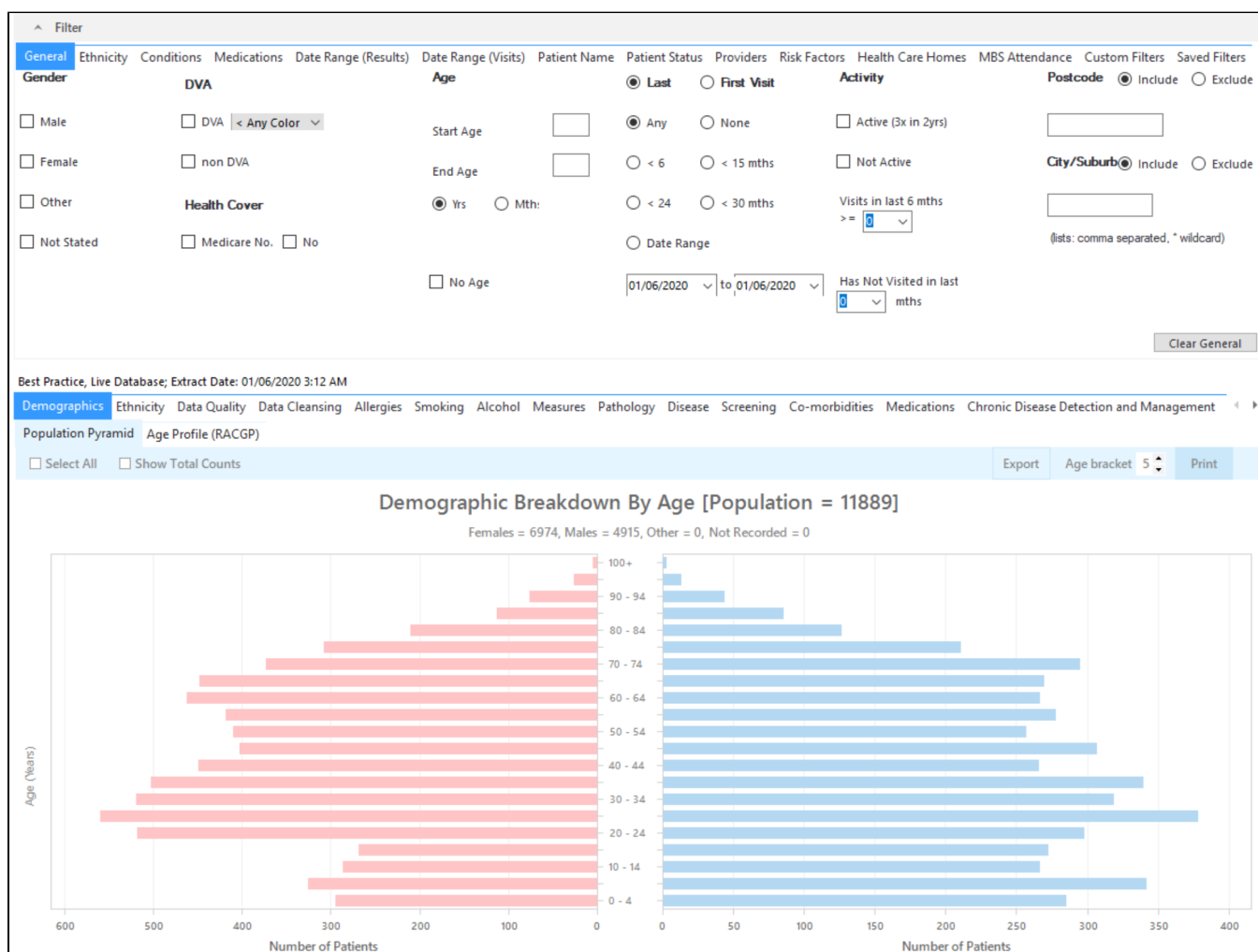


To create SMS or Voice messages, please see here for more information: [Recall CAT - Using SMS and Voicemessages in CAT4](#)

Recipe Name:	Identify patients eligible for the Heart Health Check who are at high risk of CVD due to hypertension or hyperlipidaemia
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Rationale:	<p>High blood pressure and cholesterol levels is related to increased risk of CVD<sup>1</sup>. It is therefore important for patients with hypertension or hyperlipidaemia to have an absolute CVD risk assessment (Heart Health Check) and to be provided with advice on how to manage these conditions.</p> <p>1. National Vascular Disease Prevention Alliance. Guidelines for the management of absolute cardiovascular disease risk. 2012.</p>
Target:	Active patients aged 45 and over, with no diagnosis of CVD, no Heart Health Check or other health assessment item claimed in the past 12 months, and a diagnosis of hypertension or hyperlipidaemia.
CAT Starting Point:	<ol style="list-style-type: none"> <li>CAT Open - CAT4 view (all reports) loaded</li> <li>Population Extract Loaded and Extract Pane "Hidden" <ol style="list-style-type: none"> <li>Filter Pane open and under the 'General' tab 'Active Patients' (3x &lt;2 years) selected (this step can be omitted if you want to search for all patients).</li> </ol> </li> </ol>

## CAT4 Starting Point



## Filter Steps

On the General tab enter age criteria (start age 45) and active status:

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors Health Care Homes MBS Attendance Custom Filters Saved Filters

**Gender** **DVA** **Age** **Activity** **Postcode**

☐ Male ☐ DVA  **Start Age**  ☒ Last ☐ First Visit ☒ Active (3x in 2yrs)

☐ Female ☐ non DVA **End Age**  ☒ Any ☐ None ☐ Not Active **City/Suburb**

☐ Other **Health Cover** ☒ Yrs ☐ Mth:  ☐ < 6 ☐ < 15 mths ☐ Visits in last 6 mths

☐ Not Stated ☐ Medicare No. ☐ No ☐ < 24 ☐ < 30 mths ☐ Has Not Visited in last  mths

☐ No Age  to  ☐ Date Range  mths

(lists: comma separated, \* wildcard)

Clear General

On the Conditions tab select the 'No' for existing CVD:

General Ethnicity **Conditions** Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors Health Care Homes MBS Attendance Custom Filters Saved Filters

Chronic Mental Health Cancer Other

**Diabetes** **Respiratory** **Cardiovascular** **Musculoskeletal** **Renal Impairment**

☐ Yes ☐ No ☐ Yes ☐ No ☐ Yes ☐ No ☐ Yes ☐ No ☐ Yes ☐ No

☐ Type II ☐ No ☐ Asthma ☐ No ☐ Hypertension ☐ No ☐ Inflammatory Arthritis ☐ No ☐ Chronic Renal Failure ☐ No

☐ Type I ☐ No ☐ COPD ☐ No ☐ Cardiovascular Disease (CVD) ☐ No ☐ Musculoskeletal Other ☐ No ☐ Acute Renal Failure ☐ No

☐ Undefined Diabetic ☐ No ☐ Heart Failure ☒ No ☐ Bone Disease ☐ No ☐ Dialysis ☐ No

☐ Type I or II ☐ No ☐ CHD ☒ No ☐ PAD ☒ No ☐ Osteoporosis ☐ No ☐ Kidney Transplant ☐ No

☐ Gestational ☐ No ☐ Stroke ☒ No ☐ Carotid Stenosis ☒ No ☐ Osteoarthritis ☐ No

☐ MI ☒ No ☐ Renal Artery Stenosis ☒ No

Clear Conditions

On the MBS Attendance tab, exclude all patients with health assessments or heart health checks claimed in the past 12 months. You will only see items that have been claimed in your practice, so if you don't see the item 177 it might be because it has never been claimed at your practice.

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors **MBS Attendance** Saved Filters

Patient with selected MBS Item(s) in Date Range MBS Item Categories MBS Item Numbers

☒ Any ☐ None ☐ All of selected ☒ Any of selected

**Claim Date Range**

☒ All ☐ ≤ 6 Months ☐ RACF ☐ No

☐ ≤ 12 Months ☐ ≤ 24 Months ☐ Health Assessm... ☐ No

☐ ≤ 36 Months ☐ ≤ 48 Months ☐ GP MH Care Plan ☐ No

☐ Data Range (from - to) ☐ Diabetes SIP ☐ No

☐ Asthma COC ☐ No

☐ Telehealth ☐ No

☐ 177 ☒ No

☐ 2100 ☐ No

☐ 224 ☐ No

☐ 228 ☐ No

☐ 23 ☐ No

☐ 245 ☐ No

☐ 2517 ☐ No

☐ 2546 ☐ No

☐ 2664 ☐ No

☐ 2700 ☐ No

☐ 2712 ☐ No

☐ 272 ☐ No


☐ 36 ☐ No

☐ 699 ☒ No

Now all filter criteria have been set, please click on 'Recalculate' to apply the filter:

Collect Report View Population **CAT 4** Cleansing CAT Registrar CAT Programs CAT Wizard Clear Filters **Recalculate**

Report Steps

To see the full report, first minimise the filter panel by clicking on the  in the top left corner.

Now that we have applied the above filter, we need to find those patients with hypertension or hyperlipidaemia. To find those patients use the Disease report and click on the hypertension and hyperlipidaemia bars to select both.



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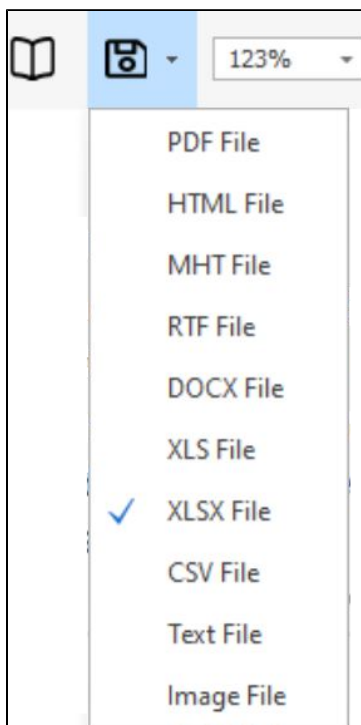
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Filtering By: MBS claim(s) (Health Assessment - No, 177 - No, 699 - No), Age 45+, Active Patient, Conditions (CVD - Stroke, CVD - MI, CVD - CHD, CVD - Renal Artery Stenosis, CVD - Carotid Stenosis, CVD - PAD, CVD - Heart Failure), Selected: Disease (Hypertension, Hyperlipidaemia)

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Refine Selection
 Add/Withdraw Patient Consent
 GoShare Plus
 SMS Recall
 Voicemail Recall
 Topbar Prompt

From this report you can export the patient list to Excel or send voice or text messages directly from CAT4. To export a list, click on the disk icon and choose your preferred file format:



To create SMS or Voice messages, please see here for more information: [Recall CAT - Using SMS and Voicemessages in CAT4](#)