# Identify female patients who are eligible for the Heart Health and have had a diagnosis of gestational diabetes.

Recipe Name:	Identify female patients who are eligible for the Heart Health and have had a diagnosis of gestational diabetes.
Rational e:	Complications during pregnancy, such as gestational diabetes, can increase a women's risk of heart disease later in life <sup>1</sup> . It is therefore important to conduct absolute CVD risk assessments (Heart Health Checks) in women who have had gestational diabetes.
	1. Kramer CK, Campbell S, Retnakaran R. Gestational diabetes and the risk of cardiovascular disease in women: a systematic review and meta-analysis. <i>Diabetologia</i> . 2019;62(6):905-914. doi:10.1007/s00125-019-4840-2
Target:	Female patients aged 30 and over with no diagnosis of CVD, no Heart Health Check or other health assessment item claimed in the past 12 months, and a diagnosis of gestational diabetes.
CAT Starting Point:	<ol> <li>CAT Open - CAT4 view (all reports) loaded</li> <li>Population Extract Loaded and Extract Pane "Hidden"         <ul> <li>a. Filter Pane open and under the 'General' tab 'Active Patients' (3x &lt;2 years) selected (this step can be omitted if you want to search for all patients).</li> </ul> </li> </ol>

# **CAT4 Starting Point**



### **Filter Steps**

On the General tab enter age criteria (start age 30), Female and active status:

General Ethnicity Condit	ions Medications Date Range (Results) DVA	Date Range (Visits) Patient Name Age	Patient Status Providers Risk Factors O Last Visit O First Visit	MBS Attendance Saved Filters Activity		Postcode   Include  Exclude
Male	DVA < Any Color >	Start Age 30	Any     None	Any		
Other	Health Cover	End Age     Yrs     Mths	$\bigcirc$ < 6 mths $\bigcirc$ < 15 mths $\bigcirc$ < 24 mths $\bigcirc$ < 30 mths	O Not Active		City/Suburb  Include  Exclude
Not Stated	🗌 Medicare No. 🗌 No	🗌 No Age	O Date Range	Visits in last 6 mths Ha ≥	as Not Visited in last	(lists: comma separated, * wildcard)
						Clear General

#### On the Conditions tab select 'Gestational Diabetes' and 'No' for existing CVD:

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors Health Care Homes MBS Attendance Custom Filters Saved Filters Chronic Mental Health Cancer Other											
Diabetes		Respiratory		Cardiovascular				Musculoskeletal		Renal Impairment	
Yes	No No	Yes	No No	Yes	No No			Yes	No	Yes	No No
Type II	No No	Asthma	No No	Hypertension	No			Inflammatory Arthritis	No No	Chronic Renal Failure	No No
Туре І	No No	COPD	No	Cardiovascular Dise	ease (CVD):			Other Musculoskeletal	No No	Acute Renal Failure	No No
Undefined Diabetic	No			Heart Failure	No No			Bone Disease	No No	Dialysis	No
Type I or II				СНD	No No	PAD	No No	Osteoporosis	No No		
				Stroke	No No	Carotid Stenosis	₩ No	Osteoarthritis	No No	Kidney Transplant	No
Gestational	No No			MI MI	No No	Renal Artery Stenosis	No No				Clear Conditions

On the MBS Attendance tab, exclude all patients with health assessments or heart health checks claimed in the past 12 months. You will only see items that have been claimed in your practice, so if you don't see the item 177 it might be because it has never been claimed at your practice.

General Ethnicity Con	ditions Medications Date Range (	Results) Date Range (Vi	sits) Patient Name Patient St	tatus Providers Risk Factors	MBS Attendance Saved Filters
Fallent with selected M	DS Item(s) in Date hange	MD3 item Categories		MDS item Numbers	
Any	O None			All of selected	Any of selected
Claim Date Range		RACF	No	177	No A
	O ≤ 6 Months	Health Assessm	No	2100	No
0	0	GP MH Care Plan	No	224	No
		Diabetes SIP	No	228	No
O ≤ 12 Months	O ≤ 24 Months	Asthma COC	No	23	No
		Telehealth	No	245	No
				2517	No
O ≤ 36 Months	O ≤ 48 Months			2546	No
				2664	No
O Data Bango (from to)				2700	No
U Data Range (Ironi - to)				2712	No
				272	No
27/01/2022 🗸	27/01/2022 🗸			36	No
				699	✓ No

Now all filter criteria have been set, please click on 'Recalculate' to apply the filter:



## **Report Steps**

To see the patients click on the 'View Population' icon on the top of your screen.



This will produce a list of patients meeting the criteria detailed above with their contact details and with their last visit date and their assigned provider in the last column.

Patient F	Reidentific	cation												- C	1 >
И	$\triangleleft$	1 of	₀ D D	×	8 C	)· 🛈 🖸	<b>6</b> • 99%	Ŧ	Find -						
<b>Reid</b> Filte CVD	<b>lentify</b> ring By - Carot	<b>Report [</b> : Females tid Steno	<b>patient co</b> , Age 45+, sis, CVD - P	u <b>nt = 29]</b> Active Patie PAD, CVD - F	ent, Cond Heart Fail	litions (CVD - ure), MBS cla	Stroke, CV iim(s) (Heal	D - MI, Di th Assess	abetes Gest ment - No, 1	ational - Ye 77 - No, 69	s, CVD - CH 9 - No, 721	ID, CVD - Re   - No)	nal Artery	/ Stenosis,	
ID	5	Surname	First Name	Known As	Sex	D.O.B (Age)	Address	City	Postcode	Phone (H/W)	Phone (M)	Medicare	IHI	Assigned Provider & Last Seen	I
1182	4 S	Surname	Firstname_ 8703	Firstname_ 8703	F	01/06/197 5(45)	12 John St	Suburb Town	5185	H:07 50505050 W:07 50509999	12349999 99	12341234 1234		Surname <u></u> 1 27/05/20 0	- 2
1119	0 S	Surname	Firstname_ 3743	Firstname_ 3743	F	01/06/197 2(48)	12 John St	Suburb Town	2997	H:07 50505050 W:07	12349999 99	12341234 1234		None 15/04/20 9	1
Refine	Add/W Patient	<b>2+</b> Vithdraw Consent										GoShare Plus	SMS Recall	Voicemail Recall	topba Topba Promp

From this report you can export the patient list to Excel or send voice or text messages directly from CAT4. To export a list, click on the disk icon and choose your preferred file format:



To create SMS or Voice messages, please see here for more information: Recall CAT - Using SMS and Voicemessages in CAT4