# Identify female patients who are eligible for the Heart Health and have had a diagnosis of gestational diabetes.

| Recipe Name: | Identify female patients who are eligible for the Heart Health and have had a diagnosis of gestational diabetes. |
|---|---|
| Rationale: | Complications during pregnancy, such as gestational diabetes, can increase a women's risk of heart disease later in life[1]. It is therefore important to conduct absolute CVD risk assessments (Heart Health Checks) in women who have had gestational diabetes. <br><br> 1. Kramer CK, Campbell S, Retnakaran R. Gestational diabetes and the risk of cardiovascular disease in women: a systematic review and meta-analysis. *Diabetologia*. 2019;62(6):905-914. doi:10.1007/s00125-019-4840-2 |
| Target: | Female patients aged 30 and over with no diagnosis of CVD, no Heart Health Check or other health assessment item claimed in the past 12 months, and a diagnosis of gestational diabetes. |
| CAT Starting Point: | 1. CAT Open - CAT4 view (all reports) loaded <br> 2. Population Extract Loaded and Extract Pane "Hidden" <br>   a. Filter Pane open and under the 'General' tab 'Active Patients' (3x <2 years) selected (this step can be omitted if you want to search for all patients). |

## CAT4 Starting Point
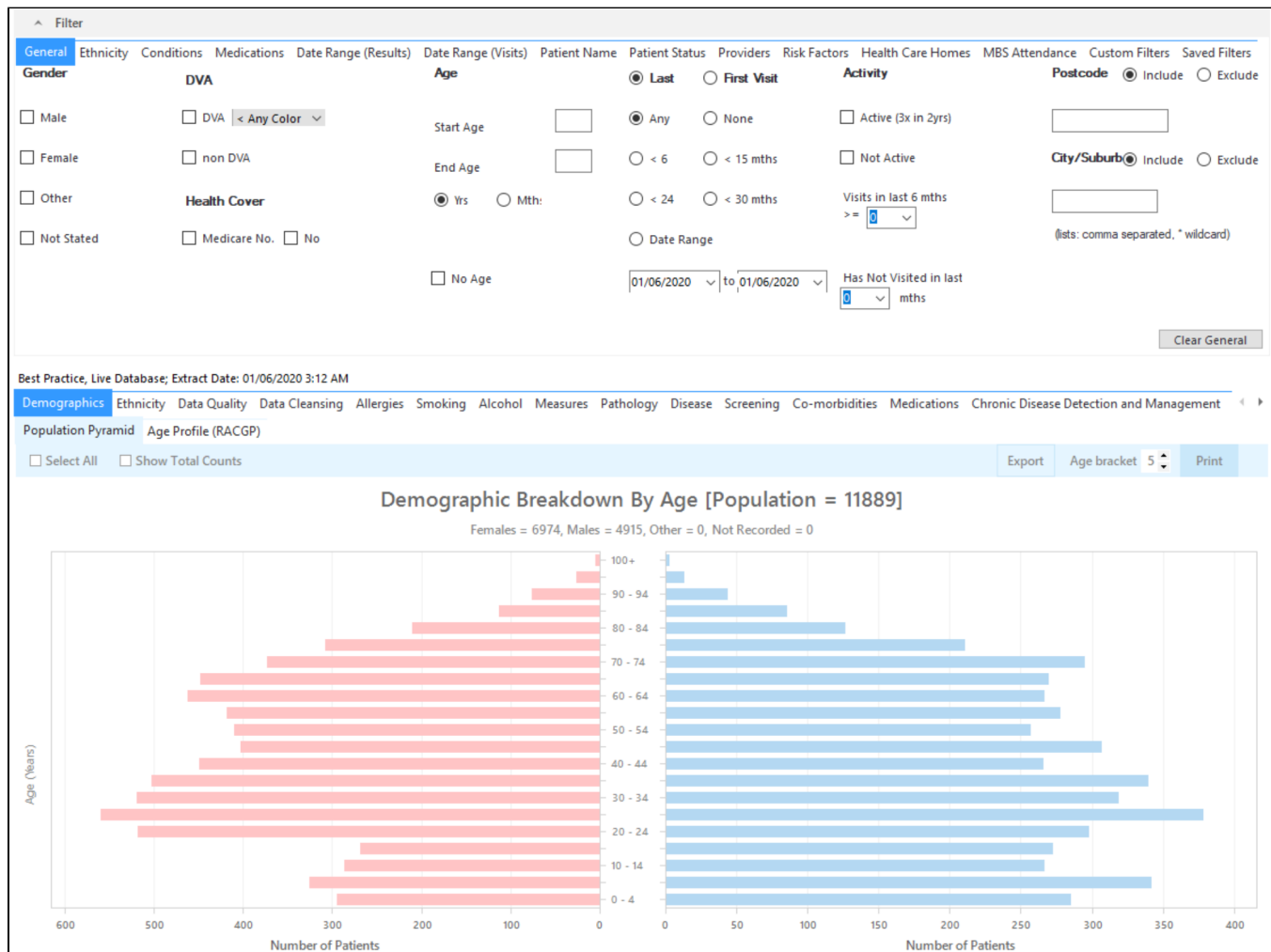


## Filter Steps

On the General tab enter age criteria (start age 30), Female and active status:

On the Conditions tab select 'Gestational Diabetes' and 'No' for existing CVD:



On the MBS Attendance tab, exclude all patients with health assessments or heart health checks claimed in the past 12 months. You will only see items that have been claimed in your practice, so if you don't see the item 177 it might be because it has never been claimed at your practice.



Now all filter criteria have been set, please click on 'Recalculate' to apply the filter:

# Report Steps

To see the patients click on the 'View Population' icon on the top of your screen.
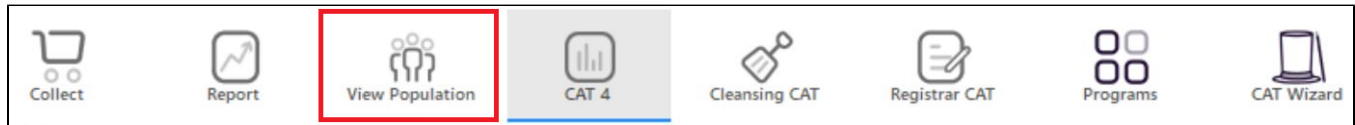


This will produce a list of patients meeting the criteria detailed above with their contact details and with their last visit date and their assigned provider in the last column.
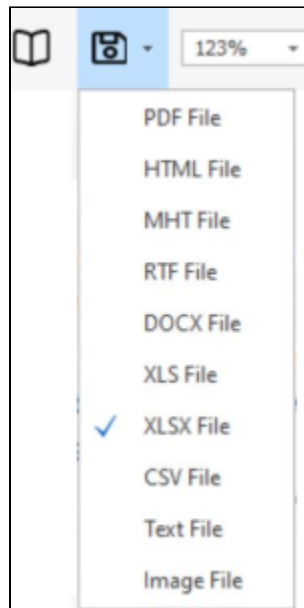


From this report you can export the patient list to Excel or send voice or text messages directly from CAT4. To export a list, click on the disk icon and choose your preferred file format:

To create SMS or Voice messages, please see here for more information: Recall CAT - Using SMS and Voicemessages in CAT4