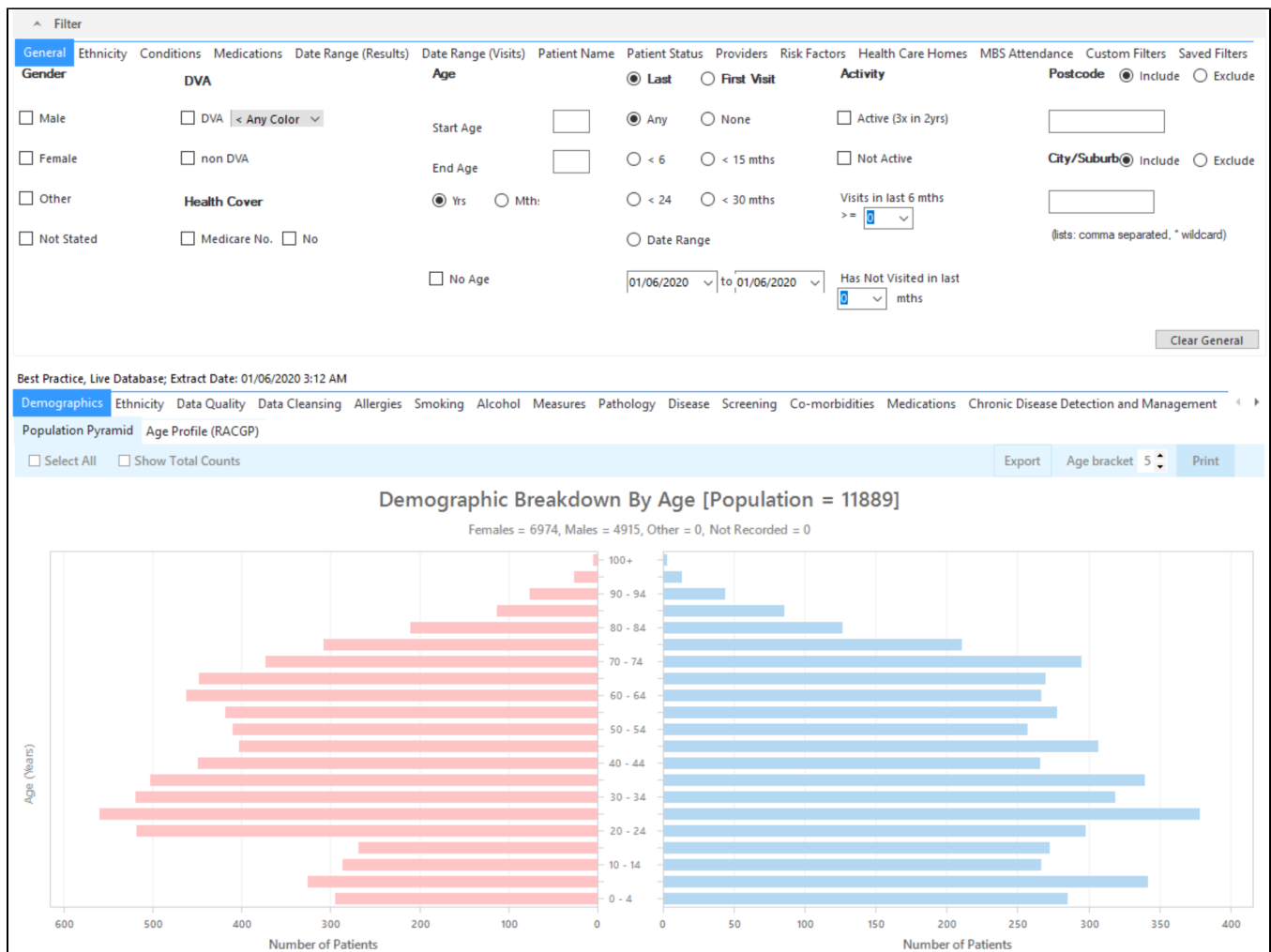


Identify patients eligible for the Heart Health Check who are low, moderate, and high risk of CVD

| | |
|---|--|
| R e c i p e N a m e: | Identify patients eligible for the Heart Health Check who are low, moderate, and high risk of CVD and have all data recorded for an absolute CVD risk assessment |
| R a t i o n a l e: | CVD is largely preventable if risk factors are detected and managed early, hence it is important for eligible patients, regardless of their risk level, to have an absolute CVD risk assessment (Heart Health Check) as early as possible. Assessment of absolute CVD risk based on multiple risk factors is more accurate than that based on individual risk factors due to the cumulative nature of risk effects. Basing patient management decisions on this approach should improve CVD outcomes. This recipe provides a quick and easy way to find eligible patients with different levels of CVD risk based on the Framingham Risk Equation. |
| T a r g e t: | Patients aged 30 and over with no diagnosis of CVD, no Heart Health Check or other health assessment item claimed in the past 12 months, all necessary data recorded for an absolute CVD risk assessment, and at low, moderate or high risk of CVD. |
| C A T S t a r t i n g P o i n t: | <div>1. CAT Open - CAT4 view (all reports) loaded</div> <div>2. Population Extract Loaded and Extract Pane "Hidden"</div> <div> a. Filter Pane open and under the 'General' tab 'Active Patients' (3x <2 years) selected (this step can be omitted if you want to search for all patients).</div> |

CAT4 Starting Point



Filter Steps

On the General tab enter age criteria (start age 30) and active status:

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Saved Filters

Gender **DVA** **Age** **Activity** **Postcode** **City/Suburb**

☐ Male ☐ DVA ☐ < Any Color > Start Age ☐ Last Visit ☐ First Visit ☐ Active (3x in 2yrs) ☐ Include ☐ Exclude

☐ Female ☐ non DVA End Age ☐ Any ☐ None ☐ Not Active ☐ City/Suburb ☐ Include ☐ Exclude

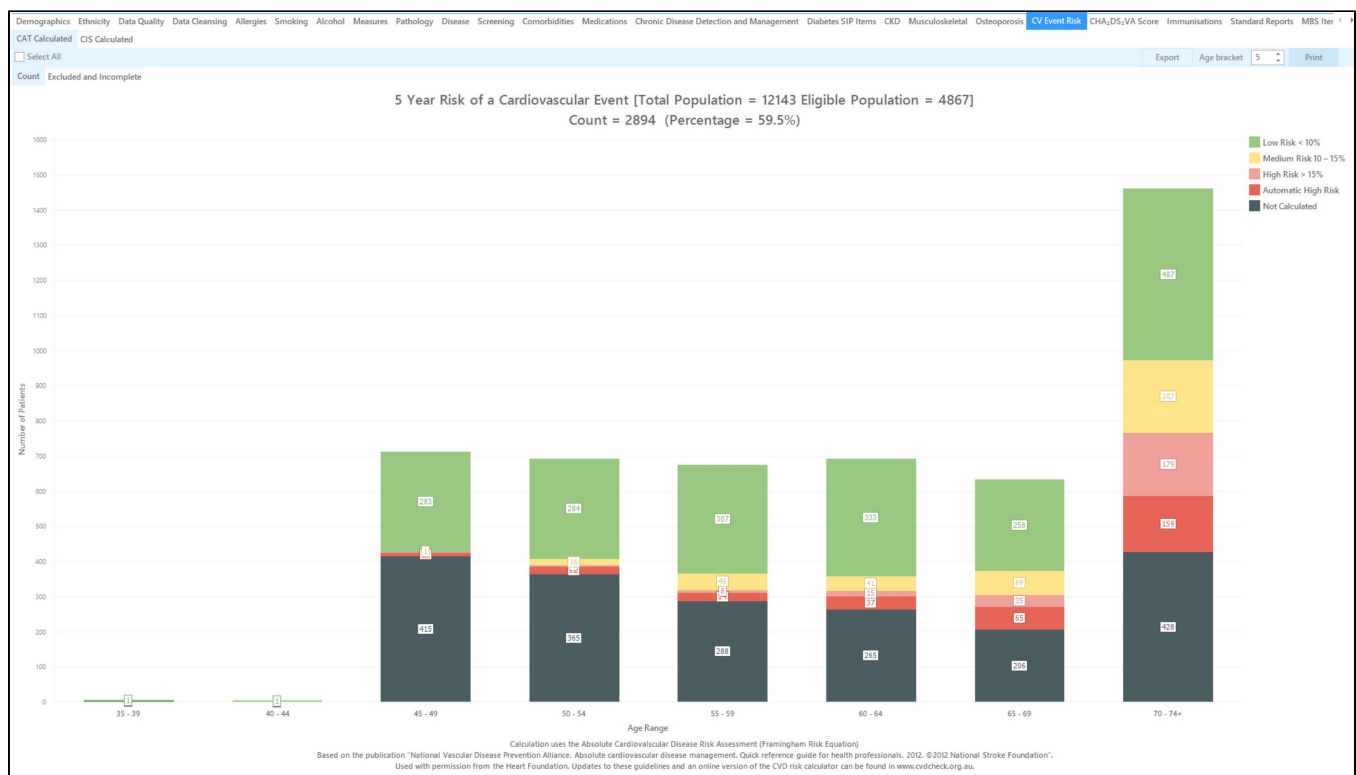
☐ Other **Health Cover** ☐ Yrs ☐ Mths: ☐ < 6 mths ☐ < 15 mths Visits in last 6 mths (lists: comma separated, * wildcard)

☐ Not Stated ☐ Medicare No. ☐ No ☐ < 24 mths ☐ < 30 mths ☐ Date Range to Has Not Visited in last mths

☐ No Age 27/04/2022 to 27/04/2022 0 mths

Clear General

On the Conditions tab select the 'No' for existing CVD:



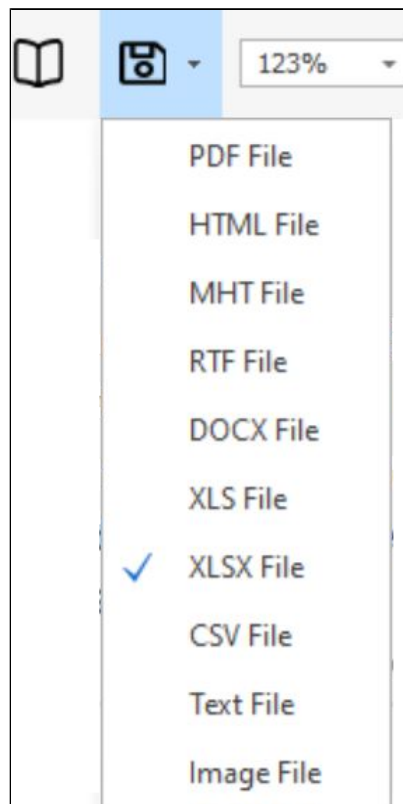
Select the low, medium, high and automatic high risk categories by clicking on the respective coloured square in the legend.



To see all patients click on the 'Select All' in the top left of the report, and then on 'Export' on the right. This will produce a list of patients with their contact details and their CV event risk. You can sort this report by clicking on the column headers to see those at highest risk first.

| Patient Reidentification | | | | | | | | | | | | | |
|--------------------------|--------------|-----------------|------------------|-----|----------------|--------------|-------------|----------|-----------------------------|-------------|---------------|-----|----------------------|
| 1 of 271 Find 94% | | | | | | | | | | | | | |
| ID | Surname | First Name | Known As | Sex | D.O.B (Age) | Address | City | Postcode | Phone (H/W) | Phone (M) | Medicare | IHI | CV Event 5 Year Risk |
| 6276 | Surname 488 | Firstname_ 488 | Firstname_M 488 | | 01/06/1935(85) | 12 Jogger St | Suburb Town | 4859 | H:07 50505050 W:07 50509999 | 12349999 99 | 12341234 1234 | | 9% |
| 9788 | Surname 671 | Firstname_ 671 | Firstname_F 671 | | 01/06/1967(53) | 12 John St | Suburb Town | 4950 | H:07 50505050 W:07 50509999 | 12349999 99 | 12341234 1234 | | 9% |
| 3810 | Surname 1130 | Firstname_ 1130 | Firstname_F 1130 | | 01/06/1949(71) | 12 John St | Suburb Town | 2535 | H:07 50505050 W:07 50509999 | 12349999 99 | 12341234 1234 | | 9% |
| 10164 | Surname 1230 | Firstname_ 1230 | Firstname_M 1230 | | 01/06/1964(56) | 12 Jogger St | Suburb Town | 2401 | H:07 50505050 W:07 50509999 | 12349999 99 | 12341234 1234 | | 9% |
| 3665 | Surname 1352 | Firstname_ 1352 | Firstname_F 1352 | | 01/06/1967(58) | 12 John St | Suburb Town | 3742 | H:07 50505050 | 12349999 99 | 12341234 1234 | | 9% |

From this report you can export the patient list to Excel or send voice or text messages directly from CAT4. To export a list, click on the disk icon and choose your preferred file format:



To create SMS or Voice messages, please see here for more information: [Recall CAT - Using SMS and Voicemessages in CAT4](#)