Increase adult waist measurement for patients with type II diabetes recorded in clinical software to 75% or higher.

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Recipe Name:	Increase adult waist measurement for patients with type II diabetes recorded in clinical software to 75% or higher.
Rationale:	Waist circumference is an important measure for CVD risk and should be recorded for all patients.
Target:	Patients with type II diabetes who didn't have a waist circumference recorded in the last 12 months
CAT Starting Point:	 CAT Open - CAT4 view (all reports) loaded Population Extract Loaded and Extract Pane "Hidden" a. Filter Pane open

This recipe will help you to find the waist circumference status of your patients with diabetes type II. The reports shown here will help you to see if you are making a difference and increase the recording of this risk factor. Topbar provides prompts through the MBS app within the diabetes cycle of care item that will be displayed to the clinicians in the consult room as each patient visits the clinic. If you want to create a separate prompt to be displayed in the CAT Plus Prompts app in Topbar you can use CAT4 to create those prompts, a brief guide can be found at the end of this recipe.



Filter Steps

On the Conditions/Chronic filter tab, select "Diabetes Type II" and then click on the recalculate icon.

General Ethnicity Condi	itions Medications	Date Range (Results) Date Ra	ange (Visits) Patient Name	Patient Status Providers Ris	k Factors MBS Attenda	nce Saved Filters					
Chronic Mental Health	Cancer Other										
Diabetes		Respiratory		Cardiovascular				Musculoskeletal		Renal Impairment	
Yes	No No	Yes	No No	Ves	No No			Yes	No No	Yes	No No
Type II	No No	Asthma	No No	Hypertension	No No			Inflammatory Arthritis	No	Chronic Renal Failure	No No
Type I	No	COPD	No No	Cardiovascular Disea	se (CVD):			Musculoskeletal Other	No	Acute Renal Failure	No
Undefined Diabetic	No			Heart Failure	No No			Bone Disease	No	Dialysis	No
Type I or II				CHD	No No	PAD PAD	No No	Osteoporosis	No No		
				Stroke	No No	Carotid Stenosis	No No	Osteoarthritis	No No	Kidney Transplant	No
Gestational	No No			MI	No No	Renal Artery Stenosis	No No				Clear Conditions

- Click "Recalculate"
- Click 'Hide Filters'

Report Steps

To check the waist circumference status, you need to check the relevant report tab. You can switch the view from numbers to percentage in the top left corner of each report.

Click on the "Measures/Waist/CVD Risk" tab in the reports section to see the numbers/percentages of patients with a waist circumference recorded. As we have applied a filter for Type II diabetes, only those patients will be listed in the report.

Best Practice, Live Database; Extract Date: 01/01/2021 3:12 AM; Filtering By; Conditions (Diabetes Type II - Yes), Selected: Waist (Not Recorded)	
Demographics Ethnicity Data Quality Data Quality Data Quanting Allergies Smoking Alcohol Measurese Pathology Disease Screening Comorbidities Medications Diabetes SIP Items CKD Musculoskeletal CV Event Risk CHA:2DS;VA Score Immunisations Standard Reports MB	JS Items MBS Eligibility Sexual Health Viral H
BMI BMI Child (5 – 18) Weight/Height Child (0 – 4) Walaste BP Spirometry Physical Activity	
CVD Riske Diabetes Risk	
Select All Show Percentage	Timeline Export Print
Waist Measurement - CVD Risk [Population = 542]	
	Normal: M < 94, F < 80
31 (Normal: M < 94, F < 80)	Increased: M 94 – 102, F 80 – 88
	Greatly Increased: M > 102, F >
54 (Increased: M 94 – 102, F 80 – 88)	No Waist Recorded
	Age < 18 and No Waist Recorde
216 (No Waist Recorded)	
241 (Greatly Increased: M > 102, F > 88)	

Create a prompt to display in Topbar



To start click on the 'Daily View' icon on the top of your CAT4 screen:



Once you have applied the filter(s) and displayed the patients of interest as described above, you can create a prompt that will be shown to all clinicians using Topbar if a patient meeting the prompt criteria is opened in their clinical system. The full guide is available at CAT PLUS PROMPTS and a short guide on how to create prompts in CAT4 can be found at Creating a Prompt in CAT4

To start you have to use the drop-down menu at the bottom of the patient details report and select "Prompt at Consult - Topbar" then click on "Go" to give the new prompt a name.



The name you enter is the prompt text displayed in Topbar, so choose a simple but clear name that tells the clinician seeing the prompt what should be done.

👌 Patient R	eidentification		page. Not shall		-		
Reidentif	of 3 🕨 🏹 fy Report [patie	ፍ 🛞 🍪	🖨 🔲 🛍 🛯 3]	. -		E 	Topbar Prompt
Filtering E	By: Conditions (D ≐	iabetes - Yes), ≐	Last Results ≐	<= 12 ≐	tmths, Sele∶ ±	cted: H	message to clinician goes here
ID	Surname	First Name	Known As	Sex	D.O.B	Addre	Filters:
2623	Surname	Firstname_58	Firstname_58	М	01/02/1979	12 Jog	Last Results <= 12 mths
3891	Surname	Firstname_59	Firstname_59	м	01/02/1970	12 Jog	Charts-
							HBA1c Status in % : No HBA1c Recorded
6993	Surname	Firstname_264	Firstname_26 4	F	01/02/1974	12 Joh	
•	m					*	
				_			OK Cancel
		нсн	9				
Refine Selection	Add/Withdraw Patient Consent	HCH Enrolment	SMS Recal		Voicemail Recall	Topbar Prompt	

To Export Patient List to Microsoft Excel:

1. Click on the "Export Icon"

at the

at the top of the Patient Reidentification window.

- 2. Click on "Excel"
- 3. Choose a file name and a location to save to (eg. Create a folder C:/ClinicalAudit/CAT Patient FollowUp)
- 4. Click "Save"

The steps above will produce a list of patients with contact details in MS Excel which can then be used to:

- 1. Go back through the individual patient records in the GP Clinical Desktop System (CDS) and update known records
- 2. Phone patients to update their record
- 3. Produce a mail merge to recall patients for follow up