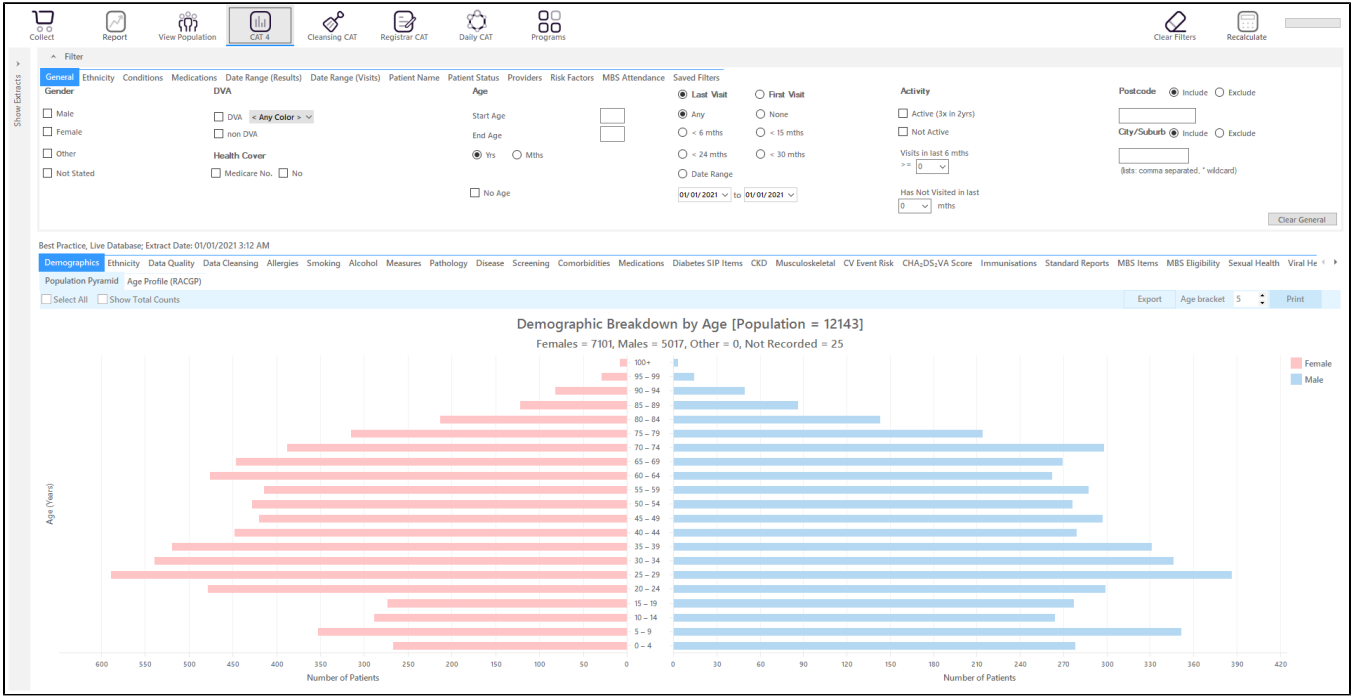


# Find indigenous patients eligible for My Health For Life

Recipe Name:	Find indigenous patients eligible for 'My Health For Life'
Rationale:	<p>My health for life will help people at high risk of developing chronic conditions such as heart disease, stroke and type 2 diabetes to make healthy lifestyle changes.</p> <p>The steps in this recipe show how to identify patients who are indigenous. Further information and resources are available here: <a href="https://www.myhealthforlife.com.au/">https://www.myhealthforlife.com.au/</a></p>
Target:	To identify all indigenous patients with no current diagnosis of diabetes, Heart Failure, CVD or chronic kidney disease who are eligible to be referred to the 'My Health For Life' program.
CAT Starting Point:	<ol style="list-style-type: none"><li>CAT Open - CAT4 view (all reports) loaded</li><li>Population Extract Loaded and Extract Pane "Hidden"<ol style="list-style-type: none"><li>Filter Pane open and under the 'General' tab 'Active Patients' (3x &lt;2 years) selected (this step can be omitted if you want to search for all patients).</li></ol></li></ol>

We provide other recipes showing how to find patients on our My Health For Life recipe page here: [My Health For Life Recipes](#)

## CAT Start screen



## RECIPE Steps Filters:

- In the Start Age box type 18 to only show patients older than 18.

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Saved Filters

**General**

Gender  
☐ Male  
☐ Female  
☐ Other  
☐ Not Stated

DVA  
☐ DVA < Any Color >  
☐ non DVA

Health Cover  
☐ Medicare No ☐ No

Age  
 Start Age   
 End Age  
☒ Yes ☐ Mths  
☐ No Age

Activity  
☒ Last Visit ☐ First Visit  
☒ Any ☐ None  
☐ < 6 mths ☐ < 15 mths  
☐ < 24 mths ☐ < 30 mths  
☐ Date Range  
 01/01/2021 to 01/01/2021

Activity  
☐ Active (3x in 2yrs)  
☐ Not Active  
 Visits in last 6 mths  
 >=   
 Has Not Visited in last  
 0 mths

Postcode   
☒ Include ☐ Exclude  
 City/Suburb ☒ Include ☐ Exclude  
  
 (lets comma separated, \* wildcard)

Clear General

- Apply the 'Indigenous' filter on the 'Ethnicity' tab.

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Saved Filters

**Ethnicity**

Indigenous Status  
☒ Indigenous  
☐ Non-Indigenous  
☐ Not Recorded/Stated  
☐ Nothing Recorded  
☐ Not Stated

Other Ethnicities  
☐ Afghan  
☐ Afrikaner  
☐ Albanian  
☐ Algerian  
☐ American  
☐ Anglo-Indian

Clear Ethnicity

- OPTIONAL: In the "General" filter tab click on 'Active (3x in 2yrs)' - as this will only show those patients with at least 3 visits in the last 2 years
- Click on "Conditions" tab under Diabetes select "No"
- Select "No" for Heart Failure
- Select "No" for all conditions listed under the CVD group
- Select "No" for "Chronic Renal Failure"

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Saved Filters

**Conditions**

Chronic  
☐ Yes ☒ No  
☐ Type I ☐ No  
☐ Undefined Diabetic ☐ No  
☐ Type I or II  
☐ Gestational ☐ No

Mental Health  
☐ No

Cancer  
☐ No

Other  
☐ No

Respiratory  
☐ Yes ☐ No  
☐ Asthma ☐ No  
☐ COPD ☐ No

Cardiovascular  
☐ Yes ☐ No  
☐ Hypertension ☐ No  
☐ Cardiovascular Disease (CVD)  
☐ Heart Failure ☒ No  
☐ CVD ☒ No  
☐ Stroke ☒ No  
☐ MI ☒ No

PD  
☐ No

Carotid Stenosis  
☐ No

Renal Artery Stenosis  
☐ No

Musculoskeletal  
☐ Yes ☐ No  
☐ Inflammatory Arthritis ☐ No  
☐ Musculoskeletal Other ☐ No  
☐ Bone Disease ☐ No  
☐ Osteoporosis ☐ No  
☐ Osteoarthritis ☐ No

Renal Impairment  
☐ Yes ☐ No  
☐ Chronic Renal Failure ☒ No  
☐ Acute Renal Failure ☐ No  
☐ Dialysis ☐ No  
☐ Kidney Transplant ☐ No

Clear Conditions

- Click on the 'Date Range (Results)' filter to only show results that have been recorded in a specified date range, in this case in the last 24 months. This will move all patients with results older than 24 months to the 'not recorded' part of the reports and avoids listing patients with old results.

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Saved Filters

**Date Range (Results)**

Date Range for Last Recorded Result or Event  
 The date range selected will filter out results or events that are not within the selected period and treat them as not recorded. This filter is not applicable to graphs that display time periods.

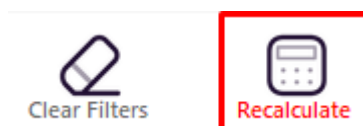
☐ All  
☐ <= 6 mths  
☐ <= 12 mths  
☐ <= 24 mths  
☒ <= 24 mths

Date Range (from - to)  
 01/01/2021 to 01/01/2021

Use for:  
 Measurements  
 Pathology  
 MBS Items  
 Maternal Health (birth date/weight)  
 Visit Types  
 Digital Health (SHS/ES uploads)  
 Smoking/Alcohol  
 Influenza  
 Cervical Screenings  
 FQBT

Clear Results

We have now created a filter to find all indigenous patients older than 18, with no diagnosis of diabetes, Heart Failure, CVD or chronic renal disease. All of these patients may be eligible for the My Health For Life program. To see a list of all patients, click "Recalculate"



Further filters can be applied to reduce the number of patients found, for example only active patients (3 visits in 2 years) or only patients who have been to the clinic in the last 6 months can be selected by adding to the filter criteria.

To see all patients click on “View Population”:



This will show you the “Patient Re-identification report” which can be exported to MS Excel for further use.

**Patient Reidentification**

Filtering By: Age 18+, Active Patient, Indigenous, Conditions (Diabetes Type II - No, CVD - Stroke, CVD - MI, CVD - CHD, CVD - Renal Artery Stenosis, CVD - Carotid Stenosis, CVD - PAD, Renal Chronic - No, CVD - Heart Failure), Last Results ≤ 24 Mths

ID	Surname	First Name	Known As	Sex	D.O.B (Age)	Address	City	Postcode	Phone (H/W)	Phone (M)	Medicare	IHI	Assigned Provider & Last Seen
4545	Surname	Firstname_35 9	Firstname_35 9	F	01/01/2003 (18)	12 John St	Suburb Town	4234	H:07 50505050 W:07 50509999	1234999999	12341234123 4		None 25/09/2019
2993	Surname	Firstname_55 4	Firstname_55 4	F	01/01/1988 (33)	12 John St	Suburb Town	5848	H:07 50505050 W:07 50509999	1234999999	12341234123 4		Surname_5 21/08/2019
11000	Surname	Firstname_89 7	Firstname_89 7	F	01/01/1986 (35)	12 John St	Suburb Town	5666	H:07 50505050 W:07 50509999	1234999999	12341234123 4		Surname_22 04/12/2020
11354	Surname	Firstname_97 3	Firstname_97 3	M	01/01/1991 (30)	12 Jogger St	Suburb Town	5687	H:07 50505050 W:07 50509999	1234999999	12341234123 4		Surname_0 01/10/2020
8413	Surname	Firstname_13 14	Firstname_13 14	F	01/01/2002 (19)	12 John St	Suburb Town	2085	H:07 50505050 W:07 50509999	1234999999	12341234123 4		Surname_5 12/03/2020
3131	Surname	Firstname_23 09	Firstname_23 09	F	01/01/1986 (35)	12 John St	Suburb Town	2476	H:07 50505050 W:07 50509999	1234999999	12341234123 4		Surname_25 20/10/2020
4676	Surname	Firstname_28 81	Firstname_28 81	F	01/01/1971 (50)	12 John St	Suburb Town	3640	H:07 50505050 W:07 50509999	1234999999	12341234123 4		Surname_19 30/04/2020
1149	Surname	Firstname_32	Firstname_32	M	01/01/2002	12 Jogger St	Suburb Town	3528	H:07 50505050	1234999999	12341234123		None

This recipe can be further modified by using additional criteria such as only those patients with high BP, increased waist circumference or high cholesterol, please see our other My Health For Life recipes for details here: [My Health For Life Recipes](#)

### Create a prompt to display in Topbar

Remember you need to be in the CAT4 Daily View to be able to create prompts. Other pre-requisites are:

- Topbar is installed
- CAT4 is linked to Topbar via Edit/Preferences/Topbar - check here for details: [Linking CAT to Topbar](#)

To start click on the 'Daily View' icon on the top of your CAT4 screen:



