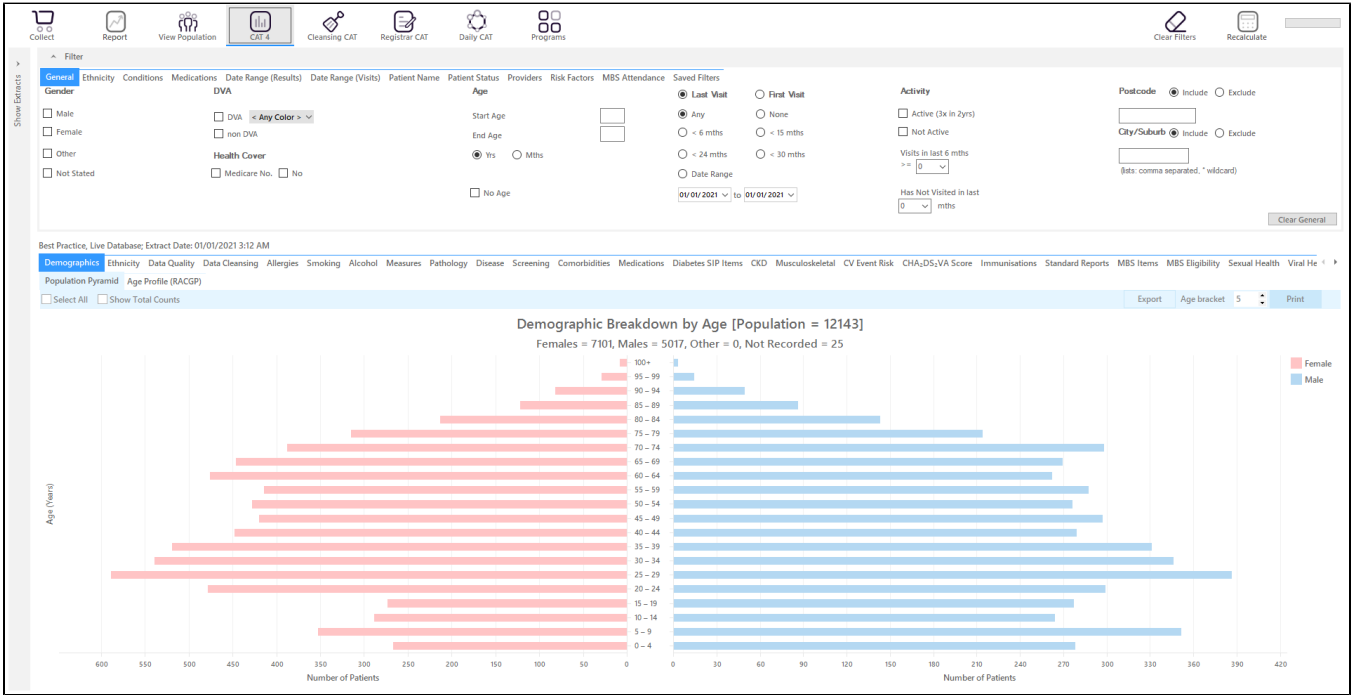


Find patients with high blood pressure eligible for My Health For Life

| | |
|---------------------|---|
| Recipe Name: | Find patients with high blood pressure eligible for My Health For Life |
| Rationale: | <p>My health for life will help people at high risk of developing chronic conditions such as heart disease, stroke and type 2 diabetes make healthy lifestyle changes.</p> <p>The steps in this recipe show how to identify patients meeting all or most of the eligibility criteria. Further information and resources are available here: https://www.myhealthforlife.com.au/</p> |
| Target: | To identify all patients with no current diagnosis of diabetes, Heart Failure, CVD or chronic kidney disease with high BP who are eligible to be referred to the 'My Health For Life' program. |
| CAT Starting Point: | <ol style="list-style-type: none">1. CAT Open - CAT4 view (all reports) loaded2. Population Extract Loaded and Extract Pane "Hidden"<ol style="list-style-type: none">a. Filter Pane open and under the 'General' tab 'Active Patients' (3x <2 years) selected (this step can be omitted if you want to search for all patients). |

We provide other recipes showing how to find patients based on a single eligibility criteria on our My Health For Life recipe page here: [My Health For Life Recipes](#)

CAT Start screen



RECIPE Steps Filters:

- In the Start Age box type 18 to only show patients older than 18.
- OPTIONAL: In the "General" filter tab click on 'Active (3x in 2yrs)' - as this will only show those patients with at least 3 visits in the last 2 years

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Saved Filters

Gender

☐ Male ☐ Female ☐ Other ☐ Not Stated

DVA

☐ DVA ☐ Any Color ☐ non DVA

Health Cover

☐ Medicare No ☐ No

Age

Start Age End Age ☐ Yes ☐ No Age ☐ No Age

Visits

☒ Last Visit ☐ First Visit

☒ Any ☐ None

☐ < 6 mths ☐ < 15 mths

☐ < 24 mths ☐ < 30 mths

☐ Date Range

01/01/2021 to 01/01/2021

Activity

☐ Active (3x in 2yrs) ☐ Not Active

Visits in last 6 mths >=

Has Not Visited in last mths

Postcode ☒ Include ☐ Exclude

City/Suburb ☒ Include ☐ Exclude

(Data: comma separated, * wildcard)

Clear General

- Click on "Conditions" tab under Diabetes select "No"
- Select "No" for Heart Failure
- Select "No" for all conditions listed under the CVD group
- Select "No" for "Chronic Renal Failure"

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Saved Filters

Conditions

Diabetes ☐ Yes ☒ No

Respiratory ☐ Yes ☐ No

☐ Asthma ☐ No

☐ COPD ☐ No

Cardiovascular ☐ Yes ☐ No

☐ Hypertension ☐ No

☐ Cardiovascular Disease (CVD) ☒ No ☒ No ☒ No ☒ No

☐ CHD ☐ No

☐ Stroke ☐ No

☐ MI ☐ No

☐ PAD ☐ No

☐ Carotid Stenosis ☐ No

☐ Renal Artery Stenosis ☐ No

Musculoskeletal ☐ Yes ☐ No

☐ Inflammatory Arthritis ☐ No

☐ Musculoskeletal Other ☐ No

☐ Bone Disease ☐ No

☐ Osteoporosis ☐ No

☐ Osteoarthritis ☐ No

Renal Impairment ☐ Yes ☐ No

☐ Chronic Renal Failure ☒ No

☐ Acute Renal Failure ☐ No

☐ Dialysis ☐ No

☐ Kidney Transplant ☐ No

Clear Conditions

- Click on the 'Date Range (Results)' filter to only show results that have been recorded in a specified date range, in this case in the last 24 months. This will move all patients with results older than 24 months to the 'not recorded' part of the reports and avoids listing patients with old results.

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Saved Filters

Date Range (Results)

Date Range for Last Recorded Result or Event

The date range selected will filter out results or events that are not within the selected period and treat them as not recorded. This filter is not applicable to graphs that display time periods.

☐ All

☐ <= 6 mths

☐ <= 12 mths

☐ <= 15 mths

☒ <= 24 mths

☐ Date Range (from - to)

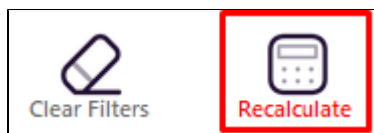
01/01/2021 to 01/01/2021

Use for:

- Measurements
- Pathology
- MBS Items
- Maternal Health (birth date/weight)
- Visit Types
- Digital Health (SHS/ES uploads)
- Smoking/Alcohol
- Influenza
- Cervical Screenings
- FQST

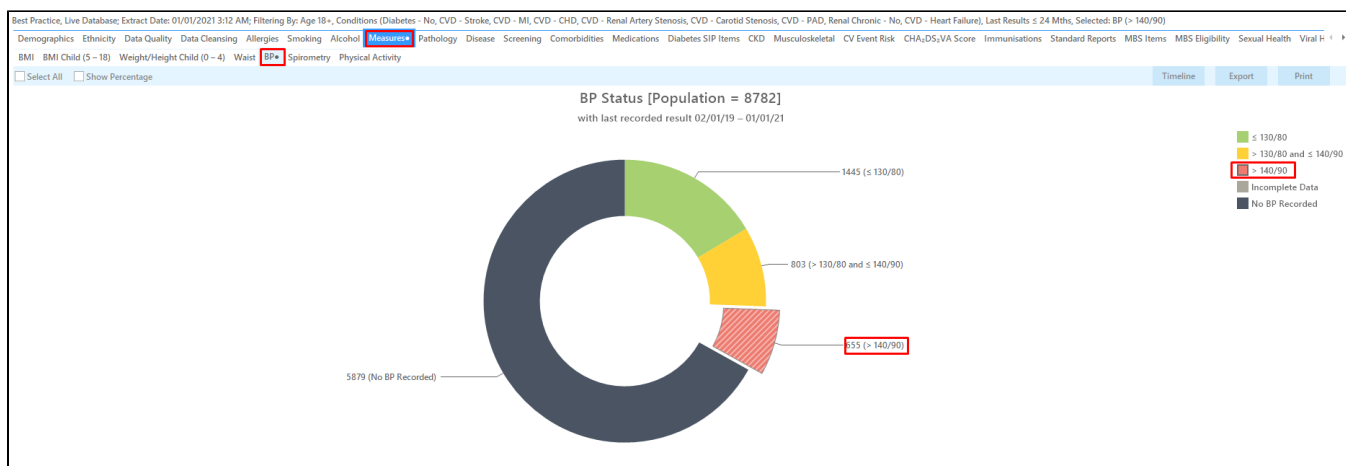
Clear Results

We have now created a filter to find patients older than 18, with no diagnosis of diabetes, Heart Failure, CVD or chronic renal disease and results from the last two years. To apply the filter, click "Recalculate"



High BP

- click on the "Measures/BP" tab and then on the '>140/90' part of the graph to select it



You can now click on 'Export' in the top right of the report to see a list of all patients with a BP results above 140/90 in the last two years.

Patient Reidentification

1 of 42

Find

Reidentify Report [Patient Count = 655]

Filtering By: Age 18+, Conditions (Diabetes - No, CVD - Stroke, CVD - MI, CVD - CHD, CVD - Renal Artery Stenosis, CVD - Carotid Stenosis, CVD - PAD, Renal Chronic - No, CVD - Heart Failure), Last Results ≤ 24 Mths, Selected: BP (> 140/90)

| ID | Surname | First Name | Known As | Sex | D.O.B (Age) | Address | City | Postcode | Phone (H/W) | Phone (M) | Medicare | BP | BP Date |
|-------|---------|-------------------|-------------------|-----|-----------------|--------------|-------------|----------|--------------------------------|------------|------------------|-----------|------------|
| 27 | Surname | Firstname_19 | Firstname_19 | M | 01/01/1961 (60) | 12 Jogger St | Suburb Town | 3870 | H:07 50505050 W:07 50509999 | 1234999999 | 12341234123 4 | 147 / 96 | 22/10/2020 |
| 4197 | Surname | Firstname_24 | Firstname_24 | F | 01/01/1950 (71) | 12 John St | Suburb Town | 5267 | H:07 50505050 W:07 50509999 | 1234999999 | 12341234123 4 | 118 / 95 | 07/01/2020 |
| 8865 | Surname | Firstname_32 | Firstname_32 | F | 01/01/1955 (66) | 12 John St | Suburb Town | 3830 | H:07 50505050 W:07 50509999 | 1234999999 | 12341234123 4 | 150 / 88 | 13/05/2019 |
| 6847 | Surname | Firstname_54 | Firstname_54 | F | 01/01/1947 (74) | 12 John St | Suburb Town | 2249 | H:07 50505050 W:07 50509999 | 1234999999 | 12341234123 4 | 156 / 71 | 23/09/2020 |
| 2448 | Surname | Firstname_62 | Firstname_62 | F | 01/01/1961 (60) | 12 John St | Suburb Town | 4193 | H:07 50505050 W:07 50509999 | 1234999999 | 12341234123 4 | 141 / 90 | 10/09/2019 |
| 11232 | Surname | Firstname_14 0 | Firstname_14 0 | F | 01/01/1964 (57) | 12 John St | Suburb Town | 5041 | H:07 50505050 W:07 50509999 | 1234999999 | 12341234123 4 | 150 / 86 | 31/03/2020 |
| 9859 | Surname | Firstname_17 9 | Firstname_17 9 | F | 01/01/1967 (54) | 12 John St | Suburb Town | 4172 | H:07 50505050 W:07 50509999 | 1234999999 | 12341234123 4 | 152 / 93 | 26/09/2019 |
| 8396 | Surname | Firstname_23 3 | Firstname_23 3 | F | 01/01/1976 (45) | 12 John St | Suburb Town | 3410 | H:07 50505050 W:07 50509999 | 1234999999 | 12341234123 4 | 162 / 107 | 11/11/2020 |

Refine Selection Add/Withdraw Patient Consent

GoShare Plus SMS Recall Voicemail Recall Topbar Prompt

Due to the way data is extracted by CAT4 we can only see one result, so we can't report on patients with 3 separate BP readings. Records for patients with one high reading need to be reviewed in the clinical system to see the older BP readings.

Create a prompt to display in Topbar



Remember you need to be in the CAT4 Daily View to be able to create prompts. Other pre-requisites are:

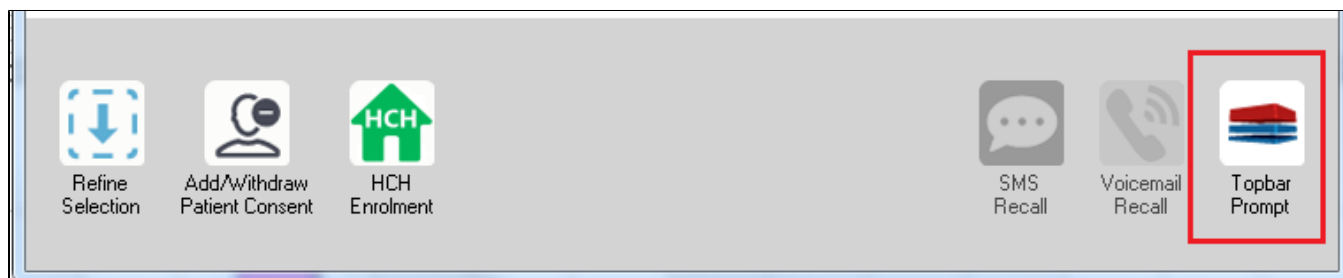
- Topbar is installed
- CAT4 is linked to Topbar via Edit/Preferences/Topbar - check here for details: [Linking CAT to Topbar](#)

To start click on the 'Daily View' icon on the top of your CAT4 screen:



Once you have applied the filter(s) and displayed the patients of interest as described above, you can create a prompt that will be shown to all clinicians using Topbar if a patient meeting the prompt criteria is opened in their clinical system. The full guide is available at [CAT PLUS PROMPTS](#) and a short guide on how to create prompts in CAT4 can be found at [Creating a Prompt in CAT4](#)

To start you have to use the drop-down menu at the bottom of the patient details report and select "Prompt at Consult - Topbar" then click on "Go" to give the new prompt a name.



The name you enter is the prompt text displayed in Topbar, so choose a simple but clear name that tells the clinician seeing the prompt what should be done.

Patient Reidentification

1 of 3

Reidentify Report [patient count = 103]

Filtering By: Conditions (Diabetes - Yes), Last Results <= 12 mths, Selected: H

| ID | Surname | First Name | Known As | Sex | D.O.B | Address |
|------|---------|---------------|---------------|-----|------------|---------|
| 2623 | Surname | Firstname_58 | Firstname_58 | M | 01/02/1979 | 12 Jog |
| 3891 | Surname | Firstname_59 | Firstname_59 | M | 01/02/1970 | 12 Jog |
| 6993 | Surname | Firstname_264 | Firstname_264 | F | 01/02/1974 | 12 Joh |

Topbar Prompt

Name:

message to clinician goes here

Filters:

category (Diabetes): Yes
Last Results <= 12 mths

Charts:

HBA1c Status in % : No HBA1c Recorded

OK

Cancel

Refine Selection

Add/Withdraw Patient Consent

HCH Enrolment

SMS Recall

Voicemail Recall

Topbar Prompt