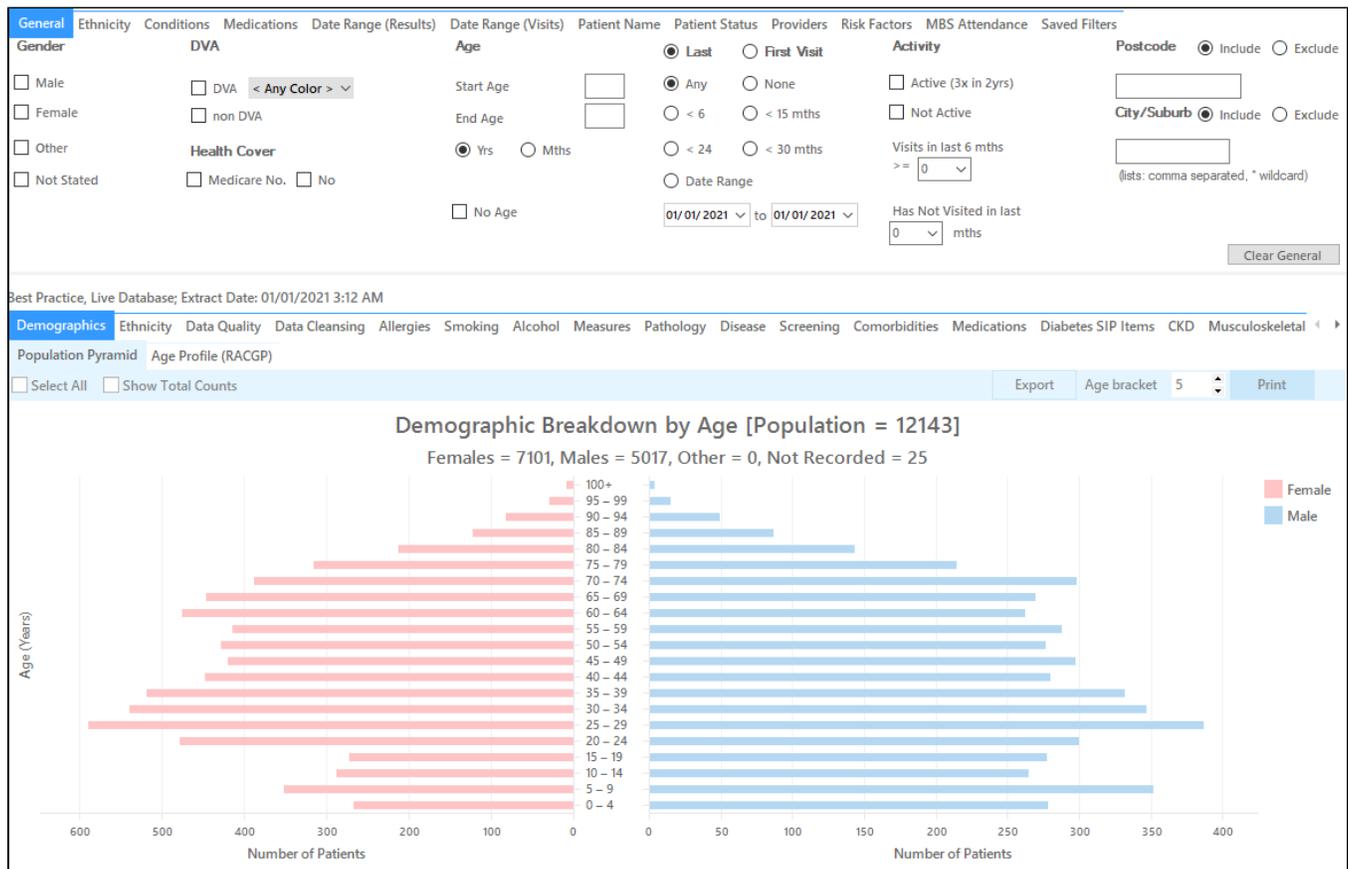


Identify patients eligible for a Bone Mineral Density test

Unknown macro: 'export-link'

Recipe Name:	Identify patients eligible for a Bone Mineral Density test
Rationale:	<p>Currently, the Royal Australian College of General Practitioners advises that women over the age of 45 and men over the age of 50 should discuss their risk of osteoporosis with their doctor.</p> <p>Corticosteroid treatment for longer than 3 months is considered a risk factor for developing osteoporosis. Smoking is also considered a risk factor.</p> <p>In this recipe we'll look at patients with both risk factors.</p>
Target:	To identify those patients who would urgently benefit from a Bone Mineral Density test.
CAT Starting Point:	<ol style="list-style-type: none"> CAT Open - CAT4 view (all reports) loaded Population Extract Loaded and Extract Pane "Hidden" <ol style="list-style-type: none"> Filter Pane open and under the 'General' tab 'Active Patients' (3x <2 years) selected (this step can be omitted if you want to search for all patients).



RECIPE Steps Filters:

- Select 'Medications' Tab , click on 'Medications – Other' and tick the 'Glucocorticoids' checkbox under the
- Click "Recalculate"

General Ethnicity Conditions **Medications** Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Saved Filters

Medications - Heart Medications - Respiratory Medication - Antidiabetics Medications - Other

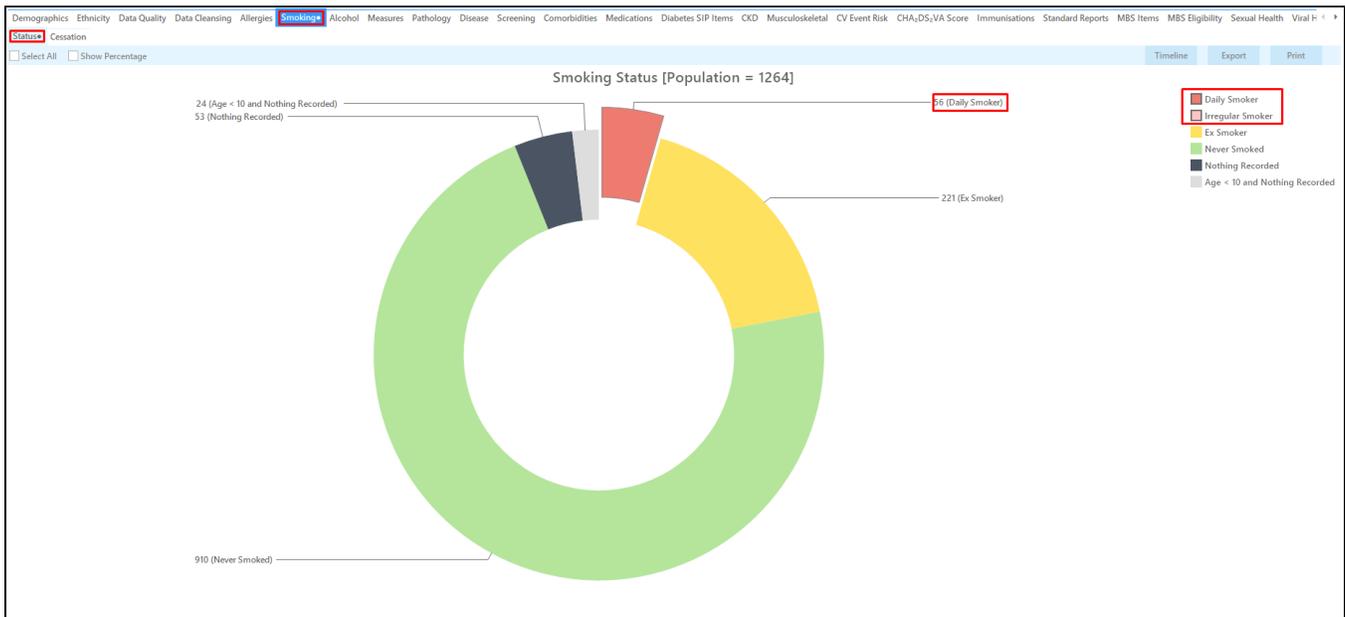
Mental Health	Corticosteroids	Pain Relief	Musculoskeletal
<input type="checkbox"/> Yes <input type="checkbox"/> No	<input checked="" type="checkbox"/> Glucocorticoids <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/> Yes <input type="checkbox"/> No
<input type="checkbox"/> Antipsychotics <input type="checkbox"/> No		<input type="checkbox"/> NSAIDs <input type="checkbox"/> No	<input type="checkbox"/> Gout preparations <input type="checkbox"/> No
<input type="checkbox"/> Antidepressants <input type="checkbox"/> No		<input type="checkbox"/> COX 2 <input type="checkbox"/> No	<input type="checkbox"/> Osteoporosis <input type="checkbox"/> No
<input type="checkbox"/> Anxiolytic <input type="checkbox"/> No		<input type="checkbox"/> Narcotics/Opioids <input type="checkbox"/> No	<input type="checkbox"/> DMARDS <input type="checkbox"/> No
<input type="checkbox"/> Mood Stabilisers <input type="checkbox"/> No		<input type="checkbox"/> Paracetamol <input type="checkbox"/> No	
<input type="checkbox"/> Stimulants <input type="checkbox"/> No			

Clear Medications

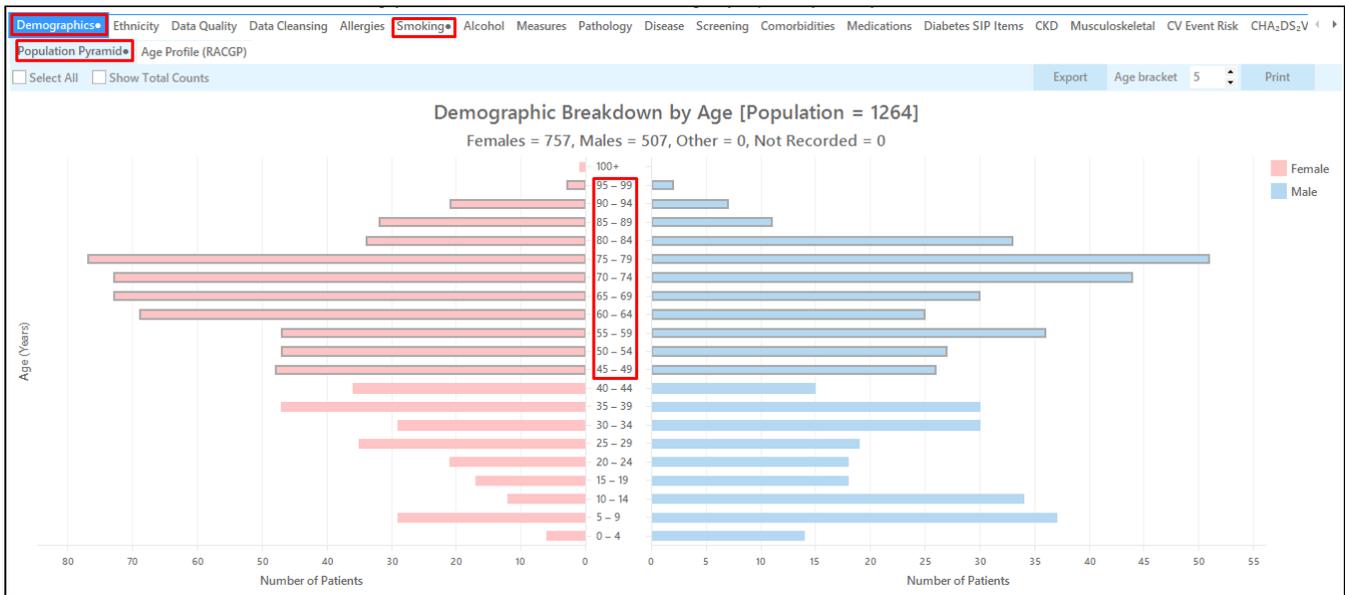
- Click 'Hide Filters'

Recipe Steps Reports

- Select 'Smoking' tab
- Click on "Daily Smokers" and then on the "Irregular Smokers" part of the graph



This will filter for all active (if selected on the general filter tab) patients that are currently on Glucocorticoids and smoke. There are two ways to target the relevant age groups (for women ≥ 45 yrs and men ≥ 50 yrs). You can click on the age groups of interest on the 'Demographic' tab in the report pane:



- Then click 'Report' on top of your screen:



Or you can use the 'General' tab in the filters to apply a filter for female or male clients at the right age. Please note you will have to do this once for females and once for males.

General | Ethnicity | Conditions | Medications | Date Range (Results) | Date Range (Visits) | Patient Name | Patient Status | Providers | Risk Factors | MBS Attendance | Saved Filters

Gender
 Male
 Female
 Other
 Not Stated

DVA
 DVA < Any Color >
 non DVA

Health Cover
 Medicare No. No

Age
 Start Age:
 End Age:
 Yrs Mths
 No Age

Providers
 Last First Visit
 Any None
 < 6 mths < 15 mths
 < 24 < 30 mths
 Date Range
 01/01/2021 to 01/01/2021

Risk Factors
 Activity Not Active
 Active (3x in 2yrs)
 Not Active

MBS Attendance
 Visits in last 6 mths >=
 Has Not Visited in last mths

Postcode Include Exclude

City/Suburb Include Exclude

(lists: comma separated, * wildcard)

Once you have applied the filter above you can click on 'View Pop.' to see all clients you have filtered for.

Create a prompt to display in Topbar



Remember you need to be in the CAT4 Daily View to be able to create prompts. Other pre-requisites are:

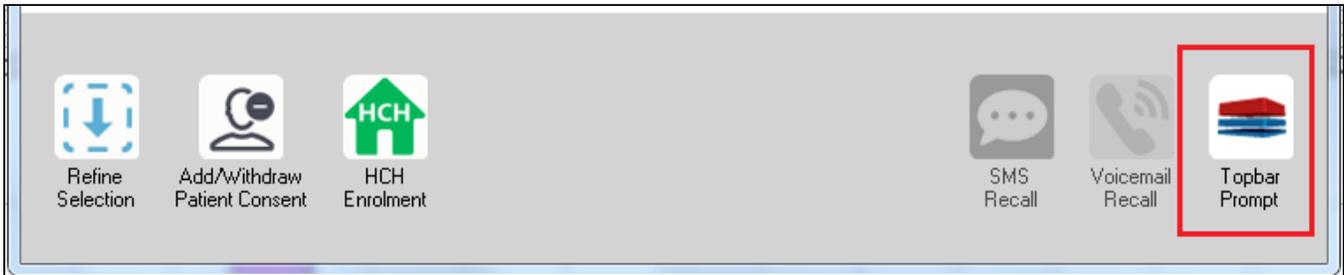
- Topbar is installed
- CAT4 is linked to Topbar via Edit/Preferences/Topbar - check here for details: [Linking CAT to Topbar](#)

To start click on the 'Daily View' icon on the top of your CAT4 screen:



Once you have applied the filter(s) and displayed the patients of interest as described above, you can create a prompt that will be shown to all clinicians using Topbar if a patient meeting the prompt criteria is opened in their clinical system. The full guide is available at [CAT PLUS PROMPTS](#) and a short guide on how to create prompts in CAT4 can be found at [Creating a Prompt in CAT4](#)

To start you have to use the drop-down menu at the bottom of the patient details report and select "Prompt at Consult - Topbar" then click on "Go" to give the new prompt a name.



The name you enter is the prompt text displayed in Topbar, so choose a simple but clear name that tells the clinician seeing the prompt what should be done.

Patient Reidentification

1 of 3

Reidentify Report [patient count = 103]
 Filtering By: Conditions (Diabetes - Yes), Last Results <= 12 mths, Selected: H

ID	Surname	First Name	Known As	Sex	D.O.B	Address
2623	Surname	Firstname_58	Firstname_58	M	01/02/1979	12 Jog
3891	Surname	Firstname_59	Firstname_59	M	01/02/1970	12 Jog
6993	Surname	Firstname_264	Firstname_264	F	01/02/1974	12 Joh

Topbar Prompt

Name:

Filters:
 category (Diabetes): Yes
 Last Results <= 12 mths

Charts:
 HBA1c Status in % : No HBA1c Recorded

Refine Selection | Add/Withdraw Patient Consent | HCH Enrolment | SMS Recall | Voicemail Recall | Topbar Prompt

To Export Patient List to Microsoft Excel:



1. Click on the "Export Icon"  at the top of the Patient Reidentification window.
2. Click on "Excel"
3. Choose a file name and a location to save to (eg. Create a folder C:/ClinicalAudit/CAT Patient FollowUp)
4. Click "Save"

The steps above will produce a list of patients with contact details in MS Excel which can then be used to:

1. Go back through the individual patient records in the GP Clinical Desktop System (CDS) and update known records
2. Phone patients to update their record
3. Produce a mail merge to recall patients for follow up