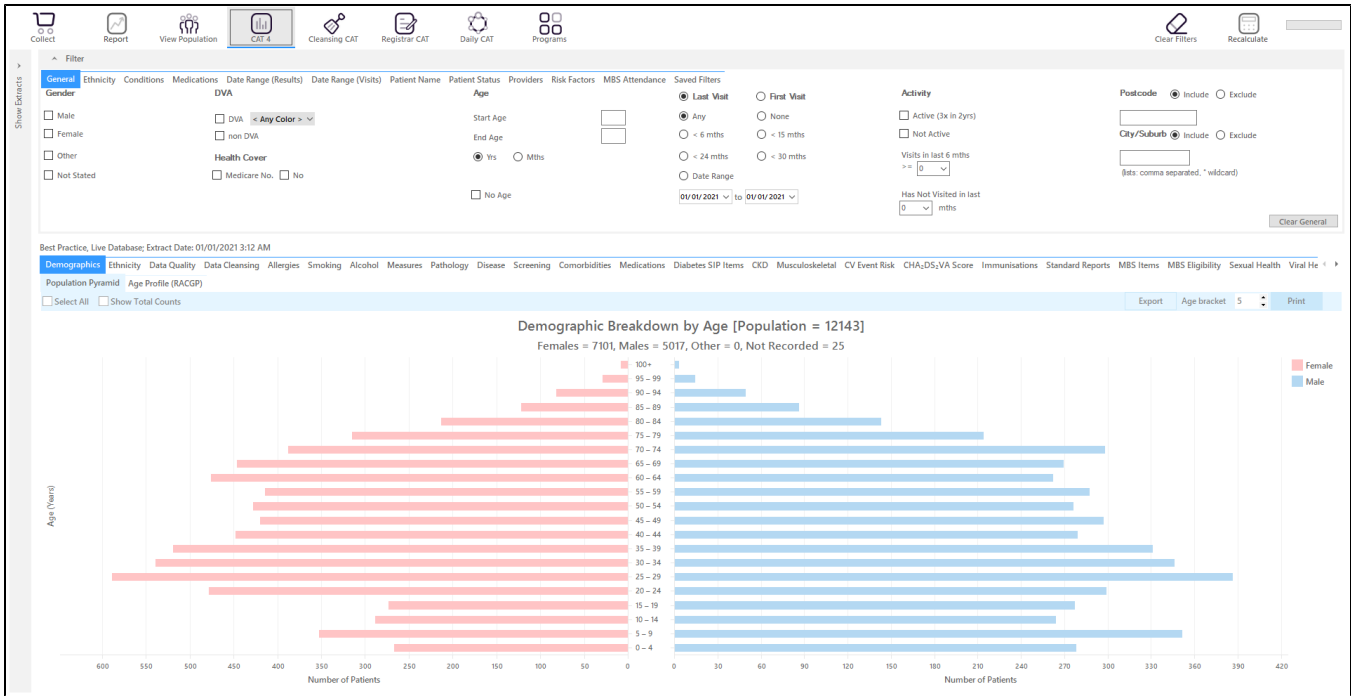


Find patients with familial hypercholesterolaemia eligible for My Health For Life

Recipe Name:	Find patients with familial hypercholesterolaemia eligible for My Health For Life
Rationale:	My health for life will help people at high risk of developing chronic conditions such as heart disease, stroke and type 2 diabetes make healthy lifestyle changes. The steps in this recipe show how to identify patients with familial hypercholesterolaemia. Further information and resources are available here: https://www.myhealthforlife.com.au/
Target:	To identify all patients with no current diagnosis of diabetes, Heart Failure, CVD or chronic kidney disease and familial hypercholesterolaemia who are eligible to be referred to the 'My Health For Life' program.
CAT Starting Point:	- CAT Open - CAT4 view (all reports) loaded - Population Extract Loaded and Extract Pane "Hidden" - Filter Pane open and under the 'General' tab 'Active Patients' (3x <2 years) selected (this step can be omitted if you want to search for all patients).

We provide other recipes showing how to find patients based on a single eligibility criteria on our My Health For Life recipe page here: [My Health For Life Recipes](#)

CAT Start screen



RECIPE Steps Filters:

- In the Start Age box type 18 to only show patients older than 18.
- In the "General" filter tab click on 'Active (3x in 2yrs)' - OPTIONAL as this will only show those patients with at least 3 visits in the last 2 years

General Ethnicity Conditions Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Saved Filters

Gender

☐ Male ☐ Female ☐ Other ☐ Not Stated

DVA

☐ DVA ☐ non DVA

Health Cover

☐ Medicare No. ☐ No

Age

Start Age End Age

☒ Yrs ☐ Mths ☐ No Age

Activity

☒ Any ☐ None

☐ < 6 mths ☐ < 15 mths ☐ < 24 mths ☐ < 30 mths

☐ Date Range

to

Visits in last 6 mths

mths

Has Not Visited in last

mths

Postcode ☒ Include ☐ Exclude

City/Suburb ☒ Include ☐ Exclude

(lists: comma separated, * wildcard)

[Clear General](#)

- Click on "Conditions" tab under Diabetes select "No"
- Select "No" for Heart Failure
- Select "No" for all conditions listed under the CVD group
- Select "No" for "Chronic Renal Failure"

General Ethnicity **Conditions** Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Saved Filters

Diabetes

☐ Yes ☒ No

Respiratory

☐ Yes ☐ No

☐ Asthma ☐ No

☐ COPD ☐ No

Cardiovascular

☐ Yes ☐ No

☐ Hypertension ☐ No

☐ Cardiovascular Disease (CVD)

☐ Heart Failure ☒ No

☐ CHD ☒ No

☐ Stroke ☒ No

☐ MI ☒ No

☐ PAD ☒ No

☐ Carotid Stenosis ☒ No

☐ Renal Artery Stenosis ☒ No

Musculoskeletal

☐ Yes ☐ No

☐ Inflammatory Arthritis ☐ No

☐ Musculoskeletal Other ☐ No

☐ Bone Disease ☐ No

☐ Osteoporosis ☐ No

☐ Osteoarthritis ☐ No

Renal Impairment

☐ Yes ☐ No

☐ Chronic Renal Failure ☒ No

☐ Acute Renal Failure ☐ No

☐ Dialysis ☐ No

☐ Kidney Transplant ☐ No

[Clear Conditions](#)

- click on the Conditions/Other tab and then on "Yes" under familial hypercholesterolaemia

General Ethnicity **Conditions** Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Saved Filters

Chronic Mental Health Cancer **Other**

Abnormal Fibrillation

☐ Yes ☐ No

Hyperlipidaemia

☐ Yes ☐ No

Pregnancy

☐ Yes ☐ No

Drug Abuse

☐ Yes ☐ No

Hepatitis and Liver

☐ Hepatitis A ☐ No

☐ Hepatitis B ☐ No

☐ Hepatitis C ☐ No

☐ Liver Disease ☐ No

STI

☐ Yes ☐ No

☐ Chlamydia ☐ No

☐ Gonorrhoea ☐ No

☐ Trichomoniasis ☐ No

☐ Syphilis ☐ No

☐ HIV ☐ No

Familial Hypercholesterolaemia

☒ Yes ☐ No

COVID-19

☐ Yes ☐ No

[Clear Conditions](#)

- Click on the 'Date Range (Results)' filter to only show results that have been recorded in a specified date range, in this case in the last 24 months. This will move all patients with results older than 24 months to the 'not recorded' part of the reports and avoids listing patients with old results.

General Ethnicity Conditions Medications **Date Range (Results)** Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Saved Filters

Date Range for Last Recorded Result or Event

The date range selected will filter out results or events that are not within the selected period and treat them as not recorded. This filter is not applicable to graphs that display time periods.

☐ All

☐ <= 6 mths

☐ <= 12 mths

☐ <= 15 mths

☒ <= 24 mths

☐ Date Range (from - to)

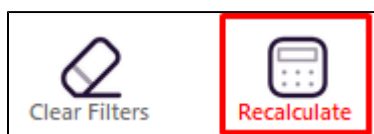
to

Use for:

- Measurements
- Pathology
- MBS Items
- Maternal Health (birth date/weight)
- Visit Types
- Digital Health (SHS/ES uploads)
- Smoking/Alcohol
- Influenza
- Cervical Screenings
- FOBT

[Clear Results](#)

We have now created a filter to find patients older than 18, with no diagnosis of diabetes, Heart Failure, CVD or chronic renal disease and with familial hypercholesterolaemia. All of these patients may be eligible for the My Health For Life program. To see a list of all patients, click "Recalculate"



To see all patients click on "View Population":



This will show you the "Patient Re-identification report" which can be exported to MS Excel for further use.

Reidentify Report [Patient Count = 1]
 Filtering By: Age 18+, Conditions (Diabetes - No, CVD - Stroke, CVD - MI, CVD - CHD, CVD - Renal Artery Stenosis, CVD - Carotid Stenosis, CVD - PAD, Renal Chronic - No, CVD - Heart Failure, Familial Hypercholesterolemia - Yes), Last Results ≤ 24 Mths

ID	Surname	First Name	Known As	Sex	D.O.B (Age)	Address	City	Postcode	Phone (H/W)	Phone (M)	Medicare	IHI	Assigned Provider & Last Seen
8880	Surname	Firstname_11	Firstname_11	M	01/11/1960 (61)	12 Jogger St	Suburb Town	5418	H:07 50505050 W:07 50509999	1234999999	1234123412	34	Surname_6 11/10/2021

Extract Details:
 Practice Name: Deidentified Practice
 BPEXtract: FATCAT Deidentified Data
 Extract Date: 01/11/2021 3:04 AM
 Patient Count: 13012
 Printed: 02/06/2022 9:54 PM
 Pen CS CAT4 - 4.40.0.0(4.40.0.0) - Pen CS

Bottom bar icons: Refine Selection, Add/Withdraw Patient Consent, Go Share Plus, SMS Recall, Voicemail Recall, Topbar Prompt.

Create a prompt to display in Topbar



Remember you need to be in the CAT4 Daily View to be able to create prompts. Other pre-requisites are:

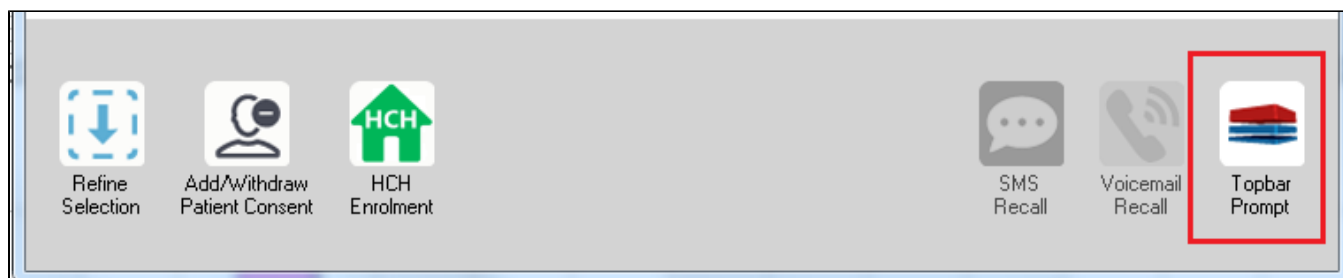
- Topbar is installed
- CAT4 is linked to Topbar via Edit/Preferences/Topbar - check here for details: [Linking CAT to Topbar](#)

To start click on the 'Daily View' icon on the top of your CAT4 screen:



Once you have applied the filter(s) and displayed the patients of interest as described above, you can create a prompt that will be shown to all clinicians using Topbar if a patient meeting the prompt criteria is opened in their clinical system. The full guide is available at [CAT PLUS PROMPTS](#) and a short guide on how to create prompts in CAT4 can be found at [Creating a Prompt in CAT4](#)

To start you have to use the drop-down menu at the bottom of the patient details report and select "Prompt at Consult - Topbar" then click on "Go" to give the new prompt a name.



The name you enter is the prompt text displayed in Topbar, so choose a simple but clear name that tells the clinician seeing the prompt what should be done.

Patient Reidentification

1 of 3

Reidentify Report [patient count = 103]
 Filtering By: Conditions (Diabetes - Yes), Last Results <= 12 mths, Selected: H

ID	Surname	First Name	Known As	Sex	D.O.B	Address
2623	Surname	Firstname_58	Firstname_58	M	01/02/1979	12 Jog
3891	Surname	Firstname_59	Firstname_59	M	01/02/1970	12 Jog
6993	Surname	Firstname_264	Firstname_264	F	01/02/1974	12 Joh

Topbar Prompt

Name:
 message to clinician goes here

Filters:
 category (Diabetes): Yes
 Last Results <= 12 mths

Charts:
 HBA1c Status in % : No HBA1c Recorded

OK Cancel

Refine Selection Add/Withdraw Patient Consent HCH Enrolment SMS Recall Voicemail Recall Topbar Prompt