

# Life! program – Risk Criteria c

<b>Recipe Name</b>	Identify eligible patients for the <i>Life!</i> program meeting that meet the risk criteria c3
<b>Rationale</b>	<p>The following inclusion criteria will present in a patient determine eligibility for the <i>Life!</i> program:</p> <ul style="list-style-type: none"> <li>• Age 18 years and above</li> <li>• One or more of the following pre-existing conditions</li> <li>• CVD</li> <li>• CKD</li> <li>• GDM</li> <li>• PCOS</li> <li>• Prediabetes</li> <li>• Familial Hypercholesterolemia</li> <li>• Serum Total Cholesterol &gt; 7.5mmol/L</li> <li>• Systolic BP of 180 mmHg or Diastolic BP 110mmHg.</li> </ul> <p>The exclusion criteria includes patients with:</p> <ul style="list-style-type: none"> <li>• Diabetes</li> <li>• Active Cancer</li> <li>• Cardiovascular Disease (CVD) diagnosis in the last 3 months</li> </ul>
<b>Target Population</b>	Patients at high risk who can be recommended for/are eligible for the <i>Life!</i> program
<b>CAT Starting Point</b>	<ol style="list-style-type: none"> <li>1. CAT Open – CAT4 view (all reports) loaded.</li> <li>2. Population extract loaded and extract pane "hidden".</li> <li>3. Optional Only: Filter Pane Open and under the 'General' tab, "Active Patients (3x &lt; 2 years)" selected. <i>*The decision to select either "Active" or "Any" patient is left to the practice to make</i></li> </ol>

Main Steps to set common inclusion and exclusion criteria:

1. In the Filters Pane, under '**General**' tab, enter age '**18**' in the **Start Age** box under '**Age**'

The screenshot shows the 'Filter' pane with the 'General' tab selected. The 'Age' section has 'Start Age' set to 18. The 'Activity' section has 'Active (3x in 2 yrs)' selected. The 'Date Range' is set from 01/11/2021 to 01/11/2021.

2. Select '**Conditions**' tab then click '**Chronic**' tab. Check the box beside the '**No**' under **Diabetes**. This will exclude patients with an existing diagnosis of diabetes.

The screenshot shows the 'Filter' pane with the 'Conditions' tab selected. The 'Diabetes' section has the 'No' box checked. The 'Cardiovascular' section has 'Heart Failure' checked. The 'Musculoskeletal' section has 'Osteoporosis' checked. The 'Kidney Disease' section has 'Kidney Transplant' checked.

3. Click '**Cancer**' tab. Check all the '**No**' boxes. This will exclude patients with an existing diagnosis of cancer.

Filter

General Ethnicity **Conditions** Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance Custom Filters Saved Filters Custom Filters

Chronic Mental Health **Cancer** Other

Blood and Immune System Breast Digestive Genitourinary and Gynecologic Skin Thoracic and Respiratory

☐ No ☒ No ☐ Breast ☒ No ☐ Yes ☒ No ☐ Yes ☒ No ☐ Melanoma ☒ No ☐ Lung ☒ No

Next steps:

To identify patients with CVD:

1. Follow main steps 1-3.
2. Click '**Chronic**' tab and click the check box next to '**Cardiovascular Disease (CVD)**'.

Filter

General Ethnicity **Conditions** Medications Date Range (Results) Date Range (Visits) Patient Name Patient Status Providers Risk Factors MBS Attendance

Chronic Mental Health Cancer Other

Diabetes Respiratory Cardiovascular

☐ Yes ☒ No ☐ Yes ☐ No ☐ Yes ☐ No

☐ Asthma ☐ No ☐ Hypertension ☐ No

☐ COPD ☐ No ☒ Cardiovascular Disease (CVD):

☐ Gestational ☐ No

3. Select '**Date Range (Visits)**' tab and enter in the field enter the date that correspondence to 3 months ago. In my example below, extract date is 17/04/2023 but the to date is 17/01/2023. (From date is at users' discretion).

Filter

General Ethnicity Conditions Medications **Date Range (Results)** **Date Range (Visits)** Patient Name Patient Status Providers Risk Factors MBS Attendance Custom Filters Saved Filters Custom Filters

Date Range for Visit

The date range selected will filter out patients who have not visited within the selected period.

☐ All ☐ ≤ 6 mths ☐ ≤ 12 mths ☐ ≤ 15 mths ☐ ≤ 24 mths

Use for: Registrar CAT SMS Uploads by Provider

☒ Date Range (from - to)

17/04/2023 17/01/2023

Best Practice, Live Database: Extract Date: 17/04/2023 1:14 PM; Filtering By: Age 18+, Active Patient, Conditions (Diabetes - No, CVD - Yes, Cancer Blood and Immune System - No, Breast - No, Cancer Digestive - No, Cancer Genitourinary and Gynecologic - No, Melanoma - No, Lung - No), any Visits 17/04/2023 to 17/01/2023

4. Click on '**Recalculate**' button and then '**View Population**' button to view list of patients meeting these criteria.

Collect Report **View Population** CAT 4 Cleansing CAT Registrar CAT Daily CAT Programs

5. List can be saved/printed or be sent a SMS/Voicemail Recall via the Patient Reidentification window.

**Patient Reidentification**

1 of 23 100% Find

**Reidentify Report [Patient Count = 338]**

Filtering By: Age 18+, Active Patient, Conditions (Diabetes - No, CVD - Yes, Cancer Blood and Immune System - No, Breast - No, Cancer Digestive - No, Cancer Genitourinary and Gynecologic - No, Melanoma - No, Lung - No), any Visits 01/11/2010 to 01/08/2021

ID	Surname	First Name	Known As	Sex	D.O.B (Age)	Address	City	Postcode	Phone (H/W)	Phone (M)	Medicare	IHI	Assigned Provider & Last Seen
4400	Surname	Firstname_2	Firstname_2	M	01/11/1941 (80)	12 Jogger St	Suburb Town	3826	H:07 50505050 W:07 50509999	1234999999	1234123412 34		Surname_2 20/10/2021
950	Surname	Firstname_17	Firstname_17	M	01/11/1956 (65)	12 Jogger St	Suburb Town	3530	H:07 50505050 W:07 50509999	1234999999	1234123412 34		Surname_6 07/09/2021
6964	Surname	Firstname_85	Firstname_85	M	01/11/1942 (79)	12 Jogger St	Suburb Town	2113	H:07 50505050 W:07 50509999	1234999999	1234123412 34		Surname_8 15/10/2021
9778	Surname	Firstname_17 2	Firstname_17 2	M	01/11/1937 (84)	12 Jogger St	Suburb Town	3202	H:07 50505050 W:07 50509999	1234999999	1234123412 34		Surname_10 25/10/2021
3797	Surname	Firstname_20 7	Firstname_20 7	F	01/11/1967 (54)	12 John St	Suburb Town	5908	H:07 50505050 W:07 50509999	1234999999	1234123412 34		Surname_3 24/07/2021

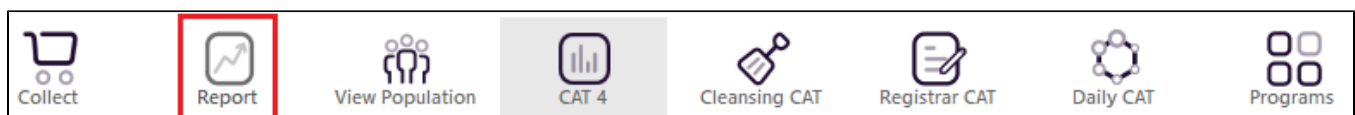
Refine Selection Add/Withdraw Patient Consent GoShare Plus SMS Recall Voicemail Recall Topbar Prompt

### To identify patients with CKD:

1. Follow main steps 1-4.
2. In Reports Pane, select **'Disease Report'** and select **'Chronic Kidney Disease (CKD)'**.



3. Click 'Report' button to view list of patients meeting these criteria.



4. List can be saved/printed or be sent a SMS/Voicemail Recall via the Patient Reidentification window.

**To identify patients with GDM or Familial Hypercholesterolemia:**

1. Follow main steps 1-3.
2. For **GDM**, select '**Chronic tab**' and under **Diabetes** select '**Gestational**'.

Filter											
General	Ethnicity	Conditions	Medications	Date Range (Results)	Date Range (Visits)	Patient Name	Patient Status	Providers	Risk Factors	MBS Attendance	Custom Filters
Chronic Mental Health Cancer Other											
Diabetes				Respiratory				Cardiovascular			
<input type="checkbox"/> Yes <input checked="" type="checkbox"/> No				<input type="checkbox"/> Yes <input type="checkbox"/> No				<input type="checkbox"/> Yes <input type="checkbox"/> No			
				<input type="checkbox"/> Asthma <input type="checkbox"/> No				<input type="checkbox"/> Hypertension <input type="checkbox"/> No			
				<input type="checkbox"/> COPD <input type="checkbox"/> No				<input type="checkbox"/> Cardiovascular Disease (CVD):			
								<input type="checkbox"/> Heart Failure <input type="checkbox"/> No			
								<input type="checkbox"/> CHD <input type="checkbox"/> No <input type="checkbox"/> PAD <input type="checkbox"/> No			
								<input type="checkbox"/> Stroke <input type="checkbox"/> No <input type="checkbox"/> Carotid Stenosis <input type="checkbox"/> No			
								<input type="checkbox"/> MI <input type="checkbox"/> No <input type="checkbox"/> Renal Artery Stenosis <input type="checkbox"/> No			
<input checked="" type="checkbox"/> Gestational <input type="checkbox"/> No											

3. For **Familial Hypercholesterolemia**, select '**Other**' tab and check the box beside '**Yes**' under **Familial Hypercholesterolemia**.

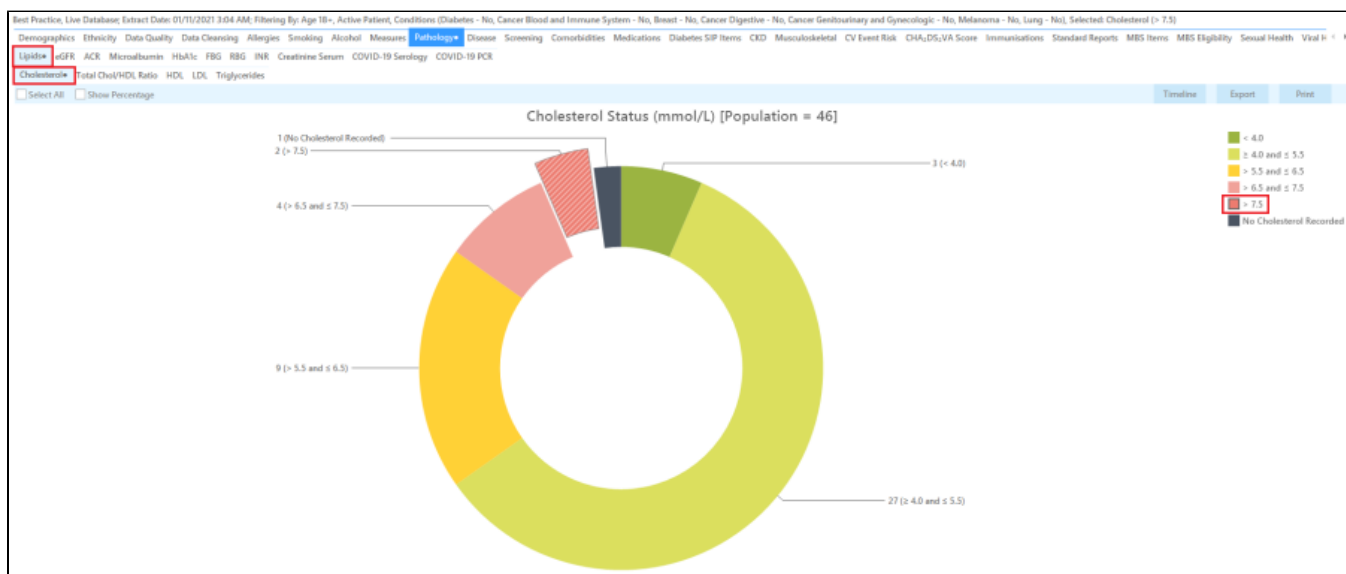
Filter											
General	Ethnicity	Conditions	Medications	Date Range (Results)	Date Range (Visits)	Patient Name	Patient Status	Providers	Risk Factors	MBS Attendance	Custom Filters
Chronic Mental Health Cancer Other											
Atrial Fibrillation				Hyperlipidaemia				Pregnancy			
<input type="checkbox"/> Yes <input type="checkbox"/> No				<input type="checkbox"/> Yes <input type="checkbox"/> No				<input type="checkbox"/> Yes <input type="checkbox"/> No			
<input checked="" type="checkbox"/> Familial Hypercholesterolemia <input type="checkbox"/> No											
COVID-19											
<input type="checkbox"/> Yes <input type="checkbox"/> No											

Click on Recalculate button and then 'View Population' button to view list of patients meeting these criteria.

List can be saved/printed or be sent a SMS/Voicemail Recall via the Patient Reidentification window.

**To identify patients with Serum Total Cholesterol > 7.5 mmol/L:**

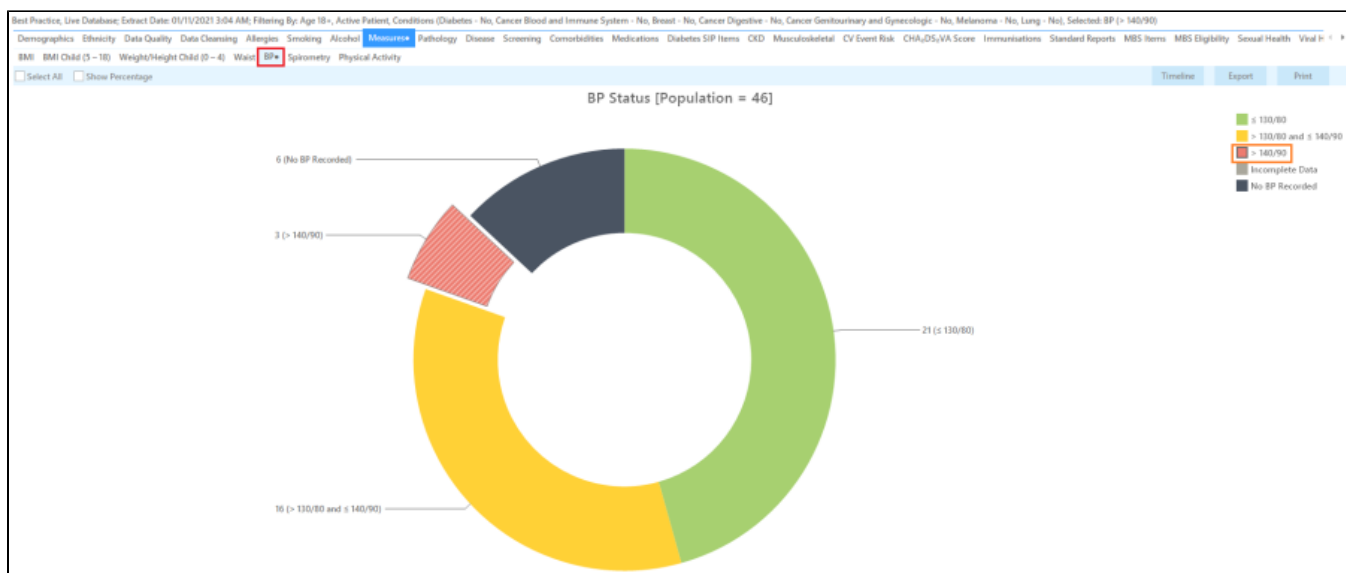
1. Follow main steps 1-4
2. In the Reports pane, select '**Pathology**' report, '**Lipids**' tab and then '**Cholesterol**' tab.



3. List can be saved/printed or be sent a SMS/Voicemail Recall via the Patient Reidentification window.
4. Select >7.5 and click on 'Report' button to view list of patients meeting these criteria.

#### To identify patients with Systolic BP of 180 mmHg or Diastolic BP 110mmHg:

1. Follow main steps 1-4.
2. In the Reports pane, select **'Measures'** report and then **'BP'** tab.
3. Select >140/90 and click on 'Report' button to view list of patients meeting these criteria.



4. List can be saved/printed or be sent a SMS/Voicemail Recall via the Patient Reidentification window.

Patients with PCOS and Prediabetes aren't identifiable through CAT at this stage.

#### Create a prompt to display in Topbar

Remember you need to be in the CAT4 Daily View to be able to create prompts. Other pre-requisites are:

- Topbar is installed

- CAT is linked to Topbar via Edit/Preferences/Topbar - check here for details:[Linking CAT to Topbar](#)

To start click on the 'Daily View' icon on the top of your CAT screen:



Once you have applied the filter(s) and displayed the patients of interest as described above, you can create a prompt that will be shown to all clinicians using Topbar if a patient meeting the prompt criteria is opened in their clinical system.

**Patient Reidentification**

1 of 2

**Cross Tabulation Reidentify Report [Patient Count = 14]**  
 Filtering By: Age 45+, Active Patient, Risks (Smoking), Selected: BMI (Overweight; Obese; Morbid), BP (> 140/90)

ID	Surname	First Name	Known As	Sex	D.O.B (Age)	Address	City	Postcode	Phone (H/W)	Phone (M)	Medicare	BMI	BP
10326	Surname	Firstname_32 2	Firstname_32 2	F	01/11/1965 (56)	12 John St	Suburb Town	4834	H:07 50505050 W:07 50509999	1234999999	1234123412 34	31.2	142 / 96
5816	Surname	Firstname_41 5	Firstname_41 5	F	01/11/1971 (50)	12 John St	Suburb Town	4661	H:07 50505050 W:07 50509999	1234999999	1234123412 34	27.5	149 / 107
5957	Surname	Firstname_16 90	Firstname_16 90	F	01/11/1936 (85)	12 John St	Suburb Town	3938	H:07 50505050 W:07 50509999	1234999999	1234123412 34	26.8	155 / 74
10003	Surname	Firstname_24 14	Firstname_24 14	M	01/11/1957 (64)	12 Jogger St	Suburb Town	3279	H:07 50505050 W:07 50509999	1234999999	1234123412 34	26.2	160 / 85
7829	Surname	Firstname_27 79	Firstname_27 79	M	01/11/1965 (56)	12 Jogger St	Suburb Town	2913	H:07 50505050 W:07 50509999	1234999999	1234123412 34	25.9	127 / 93
6547	Surname	Firstname_39 14	Firstname_39 14	M	01/11/1961 (60)	12 Jogger St	Suburb Town	2526	H:07 50505050 W:07 50509999	1234999999	1234123412 34	31.5	155 / 87

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