Life! program – Risk Criteria c

Recipe Name	Identify eligible patients for the Life! program meeting that meet the risk criteria c3
Rationale	The following inclusion criteria will present in a patient determine eligibility for the <i>Life!</i> program: Age 18 years and above One or more of the following pre-existing conditions CVD CKD GDM PCOS Prediabetes Familial Hypercholesterolemia Serum Total Cholesterol > 7.5mmol/L Systolic BP of 180 mmHg or Diastolic BP 110mmHg. The exclusion criteria includes patients with: Diabetes Active Cancer Cardiovascular Disease (CVD) diagnosis in the last 3 months
Target Population	Patients at high risk who can be recommended for/are eligible for the Life! program
CAT Starting Point	 CAT Open - CAT4 view (all reports) loaded. Population extract loaded and extract pane "hidden". Optional Only: Filter Pane Open and under the 'General' tab, "Active Patients (3x < 2 years)" selected. *The decision to select either "Active" or "Any" patient is left to the practice to make

Main Steps to set common inclusion and exclusion criteria:

1. In the Filters Pane, under 'General' tab, enter age '18' in the Start Age box under 'Age'

∧ Filter					
General Ethnicity Condition	s Medications Date Range (Results)	Date Range (Visits) Patient Name	Patient Status Providers Ris	k Factors MBS Attendance	Custom Filters Saved Filters
Gender	DVA	Age	🔾 Last 🔘 First	Activity	
Male	DVA < Any Color >	Start Age 18	Any O Non	O Any	
Female	non DVA	End Age	0 < 6 0 < 15	Active (3x in 2 yrs)	
Other	Health Cover	Yrs O Mths	○ < 24 ○ < 30	O Not Active	
Not Stated	Medicare No. No		O Date Range	Visits in last 6 mths	Has Not Visited in last
Risk Stratification Score(%)		🗌 No Age	01/ 11/ 2021 🗸 to 01/ 11	≥ 0 ∨	0 V mths
From:	0.00 🔹 %				
To:	0.00 🔹 %				

2.Select 'Conditions' tab then click 'Chronic' tab. Check the box beside the 'No' under Diabetes. This will exclude patients with an existing diagnosis of diabetes.

~	Filter											
Gen	eral Ethnicity Conditions	Medications Date R	ange (Results) Date Range (Visit	x) Patient Name Patient	ent Status Providers Risk Facto	rs MBS Attendance	Custom Filters Saved Filters Co	istom Filters				
Chri	onic Mental Health Cance	er Other										
Dia	betes		Respiratory		Cardiovascular				Musculoskeletal		Kidney Disease	
	Yes	E No	Tes 1	No No	Ves	No No			T Yes	No No	Ves Ves	No No
			Asthma	No No	Hypertension	No No			Inflammatory Arthritis	No No	Kidney Failure	No
			COPD	No No	Cardiovascular Disease (CVD	11:			Musculoskeletal Other	No No	Acute Kidney Injury	No No
					Heart Failure	No No			Bone Disease	No No	Dialysis	No No
					CHD	No No	DAN D	No No	Cuteoporasis	No No		
					Stroke	No No	Carotid Stenosis	No No	Osteoarthritis	No No	Kidney Transplant	No No
	Gestational	No No			I MI	No No	Renai Artery Stenosis	No No				

3. Click 'Cancer' tab. Check all the 'No' boxes. This will exclude patients with an existing diagnosis of cancer.

^ Filter					
General Ethnicity Conditions Medications Date	e Range (Results) Date Range (Visits) Patient Name Pati	ent Status Providers Risk Factors MBS Attendance Cu	stom Filters Saved Filters Custom Filters		
Chronic Mental Health Cancer Other					
Blood and Immune System	Breast	Digestive	Genitourinary and Gynecologic	Sidn	Thoracic and Respiratory
Tes 🛛	No	No No	Tes No		
	🗋 Breast 🔛 N	0		🗌 Melanoma 🔛 No	🗆 tung 🗹 No

Next steps:

To identify patients with CVD:

- Follow main steps 1-3.
 Click 'Chronic tab' and click the check box next to 'Cardiovascular Disease (CVD)'.

∧ Filter					
General Ethnicity Condition	Medications Date Ra	ange (Results) Date Range (Visit	s) Patient Name Patie	ent Status Providers Risk Factor	ms MBS Attendance
Chronic Mental Health Can	cer Other				
Diabetes		Respiratory		Cardiovascular	
Yes	No No	Yes	No	Yes	No
		Asthma	No	Hypertension	No No
		COPD	No	Cardiovascular Disease (CVD)	:
					_
Gestational	No				

3. Select 'Date Range (Visits)' tab and enter in the to field enter the date that correspondence to 3 months ago. In my example below, extract date is 17/04/2023 but the to date is 17/01/2023. (From date is at users' discretion).

∧ Filter					
General Ethnicity Conditions Med	lications Date Range (Results) Date Range (Visits)	Patient Name Patient Status Providers Risk Factors M	BS Attendance Custom Filters Saved Filters Custom Fi	ten	
Date Range for Visit					
The date range selected will filter out part	tients who have not visited within the selected period.				
O All				Use for: Benistrar CAT	
O ≤ 6 mths	○ ≤ 12 mths	○ ≤ 15 mths	Q ≤ 24 mths	SHS Uploads by Provider	
Date Range (from - to) 17/04/2020	Ⅲ / 0V2023 ~				
Best Practice, Live Database; Extract Data	e: 17/04/2023 1:14 PM; Filtering By: Age 18+, Active Pat	ient, Conditions (Diabetes - No, CVD - Yes, Cancer Blood ar	nd Immune System - No, Breast - No, Cancer Digestive - N	o, Cancer Genitourinary and Gynecologic - No, Melanoma - No, Lung - No), <u>any V</u>	risits 17/04/2020 to 17/01/2023

4. Click on 'Recalculate' button and then 'View Population' button to view list of patients meeting these criteria.



5. List can be saved/printed or be sent a SMS/Voicemail Recall via the Patient Reidentification window.

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Reide Filterin No, Ca	ntify Report ng By: Age 18 ancer Genitou	[Patient Co +, Active Pa irinary and G	u nt = 338 tient, Con Gynecolog] dition ic - Ne	s (Diabete o, Melanor	s - No, CVD - na - No, Lung	Yes, Cancer B J - No), any Vis	lood and I sits 01/11/2	mmune Syst 010 to 01/08	em - No, B /2021	reast - No,	Cancer Di	gestive -
ID	Surname	First Name	Known As	Sex	D.O.B (Age)	Address	City	Postcode	Phone (H/W)	Phone (M)	Medicare	ІНІ	Assigned Provider Last Seer
4400	Sumame	Firstname_2	Firstname_2	М	01/11/1941 (80)	12 Jogger St	Suburb Town	3826	H:07 50505050 W:07 50509999	1234999999	1234123412 34		Sumame_2 20/10/202
950	Sumame	Firstname_17	Firstname_1	7 M	01/11/1956 (65)	12 Jogger St	Suburb Town	3530	H:07 50505050 W:07 50509999	1234999999	1234123412 34		Surname_0 07/09/202
6964	Sumame	Firstname_85	Firstname_8	5 M	01/11/1942 (79)	12 Jogger St	Suburb Town	2113	H:07 50505050 W:07 50509999	1234999999	1234123412 34		Sumame_0 15/10/202
9778	Sumame	Firstname_17 2	Firstname_12 2	7 M	01/11/1937 (84)	12 Jogger St	Suburb Town	3202	H:07 50505050 W:07 50509999	1234999999	1234123412 34		Surname_ 25/10/202
3797	Surname	Firstname_20 7	Firstname_20 7	D F	01/11/1967 (54)	12 John St	Suburb Town	5908	H:07 50505050 W:07 50509999	1234999999	1234123412 34		Sumame_3 24/07/202
lefine	Add/Wi	C+								GoS	hare SMS		topba

To identify patients with CKD:

- 1. Follow main steps 1-4.
- 2. In Reports Pane, select 'Disease Report' and select 'Chronic Kidney Disease (CKD)'.



3. Click 'Report' button to view list of patients meeting these criteria.



4. List can be saved/printed or be sent a SMS/Voicemail Recall via the Patient Reidentification window.

To identify patients with GDM or Familial Hypercholesterolemia:

- 1. Follow main steps 1-3.
- 2. For GDM, select 'Chronic tab' and under Diabetes select 'Gestational'.

∧ Filte	21												
General	Ethnicity Conditions	Medications [Date Range (Resu	lts) Date Range (Visits)	Patient Name	Patie	nt Status	Providers	Risk Factors	MBS Attendance	Custom Filters	Saved Filters	Custom Filters
Chronic	Mental Health Cancer	Other											
Diabetes	i		Respirat	ory			Cardiova	scular					
Yes		No No	Yes		No No		Yes			No			
			Asth	na	No No		Hyper	tension		No			
)	No No		Cardio	ovascular Di	sease (CVD):				
							Heart	Failure		No			
							CHD			No	PAD		No No
		-					Stroke	2		No	Carotid S	tenosis	No No
Gesta	tional	No No					MI			No	Renal Art	ery Stenosis	No

3. For Familial Hypercholesterolemia, select 'Other' tab and check the box beside 'Yes' under Familial Hypercholesterolemia.

∧ Filter							
General Ethnicity Conditions	Medications Date Ra	inge (Results) Date Range (Visits) Patient Name Pati	ent Status Providers	Risk Factors MBS Attendance	Custom Filters Saved Filters	Custom Filters
Chronic Mental Health Cance	er Other						
Atrial Fibrillation		Hyperlipidaemia		Pregnancy		Drug Abuse	
Ves	No No	Yes	No No	Yes	No No	Yes	No No
Familial Hypercholesterolemia							
Ves Ves	□ No						
COVID-19							
Ves Ves	No No						

Click on Recalculate button and then 'View Population' button to view list of patients meeting these criteria.

List can be saved/printed or be sent a SMS/Voicemail Recall via the Patient Reidentification window.

To identify patients with Serum Total Cholesterol > 7.5 mmol/L:

- 1. Follow main steps 1-4
- 2. In the Reports pane, select 'Pathology' report, 'Lipids' tab and then 'Cholesterol' tab.



- 3. List can be saved/printed or be sent a SMS/Voicemail Recall via the Patient Reidentification window.
- 4. Select >7.5 and click on 'Report' button to view list of patients meeting these criteria.

To identify patients with Systolic BP of 180 mmHg or Diastolic BP 110mmHg:

- 1. Follow main steps 1-4.
- 2. In the Reports pane, select 'Measures' report and then 'BP' tab.
- 3. Select >140/90 and click on 'Report' button to view list of patients meeting these criteria.



4. List can be saved/printed or be sent a SMS/Voicemail Recall via the Patient Reidentification window.

Patients with PCOS and Prediabetes aren't identifiable through CAT at this stage.

Create a prompt to display in Topbar

Remember you need to be in the CAT4 Daily View to be able to create prompts. Other pre-requisites are:

Topbar is installed

• CAT is linked to Topbar via Edit/Preferences/Topbar - check here for details:Linking CAT to Topbar

To start click on the 'Daily View' icon on the top of your CAT screen:



Once you have applied the filter(s) and displayed the patients of interest as described above, you can create a prompt that will be shown to all clinicians using Topbar if a patient meeting the prompt criteria is opened in their clinical system.

Cross Filterir	Tabulation I	Reidentify R 5+, Active Pa	eport [Pat atient, Risk	tient s (Sm	Count = 1 oking), Sel	4] ected: BMI ((Overweight; O	bese; Mor	bid), BP (> 14	40/90)				
ID	Surname	First Name	Known As	Sex	D.O.B (Age)	Address	City	Postcode	Phone (H/W)	Phone (M)	Medicare	BMI	В	P
10326	Surname	Firstname_32 2	Firstname_32 2	F	01/11/1965	12 John St	Suburb Town	4834	H:07 50505050 W:07 50509999	1234999999	1234123412 34	31.2	14	2/96
5816	Surname	Firstname_41 5	Firstname_41 5	F	01/11/1971 (50)	12 John St	Suburb Town	4661	H:07 50505050 W:07 50509999	1234999999	1234123412 34	27.5	14	9/10
5957	Surname	Firstname_16 90	Firstname_16 90	F	01/11/1936 (85)	12 John St	Suburb Town	3938	H:07 50505050 W:07 50509999	1234999999	1234123412 34	26.8	15	5/74
10003	Surname	Firstname_24 14	Firstname_24 14	M	01/11/1957 (64)	12 Jogger St	Suburb Town	3279	H:07 50505050 W:07 50509999	1234999999	1234123412 34	26.2	16	0/85
7829	Surname	Firstname_27 79	Firstname_27 79	M	01/11/1965 (56)	12 Jogger St	Suburb Town	2913	H:07 50505050 W:07 50509999	1234999999	1234123412 34	25.9	12	7/93
6547	Surname	Firstname_39 14	Firstname_39 14	M	01/11/1961 (60)	12 Jogger St	Suburb Town	2526	H:07 50505050 W:07 50509999	1234999999	1234123412 34	31.5	15	5/87